

The Latest (2021) IECC Energy Codes & High-Performance Homes in MO

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MO Energy Code Support

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- Top Ten List of High Perf Design
- Building Science
- Code Envelope Overview
- MO Energy Code Study
- Mechanicals
- Inspection Checklist



Energy Code Resources

<https://codes.iccsafe.org/content/IECC2021P2>

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Energy Code Resources

Missouri Residential Building Energy Code Construction Practices Study:
<https://energy.mo.gov/energy-codes/missouri-residential-building-codes-study>
For additional information on other DOE Field Studies and participating states, please visit
<https://www.energycodes.gov/compliance/energy-code-field-studies>.
Additional education resources are available at www.southfaceonlinetraining.org.

www.southface.org

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Learning Objectives

- Grasp design priorities for a High-Performance Home
- Review Building Science basics – Heat, Air, Moisture
- Identify standards for insulation requirements and fenestration performance from 2021 IECC
- Define the building envelope and identify best practices for air sealing (and understand blower door testing requirements)
- Identify opportunities resulting from Missouri Residential Energy Code Field Study
- Identify requirements and best practices for heating and cooling (mechanical and ductwork) and fresh air ventilation systems
- View example compliance checklist & images

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Learn More at www.southface.org

- Energy Code Resources
- 12 BS webinars
 - Heat Transfer
 - Air Movement <https://www.southface.org/insights/building-science-webinars/>
 - Moisture Flow
 - Insulation Installation
 - Ventilation – Concepts & Calcs
 - Ventilation – Strategies & Apps
 - Conditioned Crawlspace
 - Ducted Mechanicals
 - Insulated Rooflines
 - Combustion Safety
 - HVAC Load Calcs
 - Design High Perf Homes



Learn More at MEEA

<https://www.mwalliance.org/ameren-missouri-residential-energy-code-support-program>

Past Events

- December 8, 2020 - The Impact of the Energy Code on Existing Homes - Webinar - Recording
- October 16, 2020 - Air Codes and Comprehensive Inspection Checklist - Webinar Part 1 - Webinar Part 2 - Recording - Checklist
- September 9, 2020 - Airflow Part 2 - Webinar - Recording
- August 5, 2020 - Combustion Hazards - Webinar - Recording
- May 20, 2020 - HVAC Sizing and Load Calculations - Webinar - Recording
- April 29, 2020 - Airflow - Webinar - Recording
- April 15, 2020 - Indoor Air Quality (IAQ) and Ventilation - Webinar - Recording
- March 26, 2020 - Green Home Insulation and High Performance Rooflines - Webinar - Recording
- February 26, 2020 - New Codes and High Performance Homes - Webinar - Recording
- February 20, 2020 - Impact of the Energy Code on Existing Homes - Webinar - Recording

Building Science Fundamentals

The Building Science Fundamentals training series occurred from October 27-29, 2020. This series provided the foundation of building science knowledge that future webinars will build upon. Recordings of the webinars can be found at the links below. Content was recorded by congress@ameren.com with any questions.

- October 27 - Heat Transfer and Insulation Installation per Code - Recording - Webinar Part 1 - Part 2
- October 28 - Air Movement Testing and Proving the Leakage Testing Response Code - Recording - Webinar Part 1 - Part 2
- October 29 - Moisture Flow: Indoor Air Quality in High-Rise and Day - Recording - Webinar Part 1 - Part 2 - Part 3

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Design Approach for a High-Performance Home

- **Building Science as guide**
Understand physics of heat air and moisture flow
- **High Performance Enclosure**
Sound structure, shell is tight, well-insulated and resilient
- **Distribution - Air (& hot water)**
Sealed & insulated ducts – located inside building envelope, intentional fresh air delivery
- **Reduced Equipment & Loads**
Efficient Heating, Cooling, Hot Water, Lights, Appliances



The Key: It's not necessarily the stuff in the building — it's how it's all put together! (The house is a system)

High Performance Top Ten List

1. Pay Attention to the Sun
2. Ductwork
3. Thermal Package
4. Equipment
5. Bulk Moisture & Cladding
6. Humidity Control
7. Indoor Air Quality
8. Appropriate Ventilation
9. Lighting and Plug Loads
10. Production for Zero Energy



Use Tools and Technology to help us!

Top Ten List – the Sun

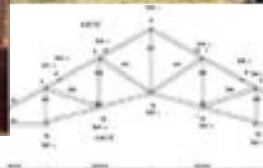
- 1. Pay Attention to the Sun**
*Glazing on South and North (minimize East/West) – overhangs, exterior shading
Glazing – DP low-e with wood, vinyl, Extruded Fiberglass frame
Sun tubes vs. big skylights.
Minimize Window Wall Ratio*



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Top Ten List – Ducts

- 2. Ductwork**
*Ducts located inside building envelope – sealed with mastic
Returns – path from every room; upsized over supplies*



“According to NREL researchers [David Roberts](#) and [Jon Winkler](#), moving the ducts from a vented attic to a new location inside the conditioned space will reduce electricity used for cooling by 15% to 20%, and will reduce the size of the needed air conditioning equipment by 0.5 to 1 ton.”



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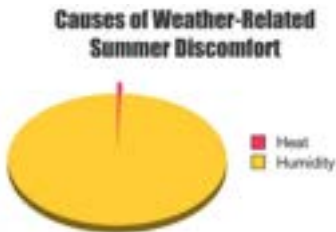
Top Ten List – Water

5. **Bulk Moisture and Cladding**
Sheathing seams sealed – air barrier and weather barrier – (ZIP)
Drainage plane behind all cladding
Foundation drainage details
Flashing integrated with WRB



Top Ten - Humidity

6. **Humidity Control**
Variable speed equipment
Dedicated dehumidifier



Top Ten List - IAQ

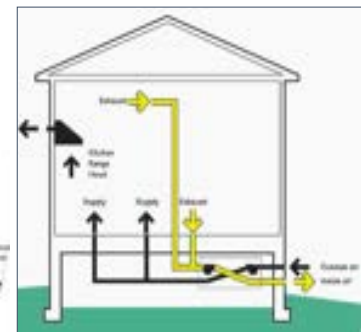
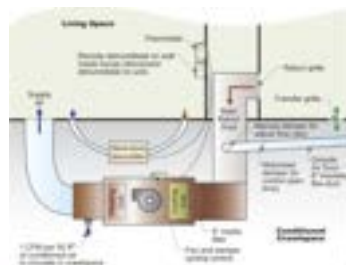
7. **Indoor Air Quality**
*Material selection – Salvaged, Recycled content
 EPP, avoid Red List
 Thick, pleated filters
 Tight envelope with Fresh Air system*



HVI CERTIFIED PERFORMANCE				
MODEL	DUCT SIZE	STATIC PRESSURE	SPEED	WATTS
QFAM	8"	0.2	40 CFM	12.9
			50 CFM	13
			60 CFM	15.1
			70 CFM	17.1
			80 CFM	19.5
			90 CFM	21.8
			100 CFM	26.3
			110 CFM	27.5
			120 CFM	30.1

Top Ten List – Fresh Air

8. **Appropriate Ventilation**
*Positive / Balanced versus Exhaust Only
 Smart Controls and sensors, ERV,
 Ventilation Dehumidifiers*



Top Ten List – Plug Loads

9. Lighting and Plug Loads

100% good quality LED's – economic no-brainer
 ENERGY STAR appliances – manage this
 (5 refrigerators?!)
 Smart power strips and vampire loads
 DC motor ceiling fans



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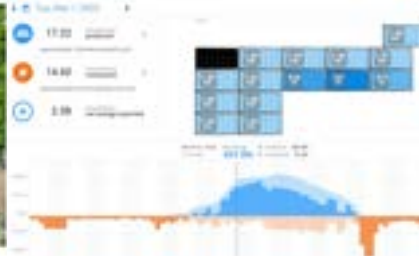
Top Ten List – Renewables

10. Production for Zero Energy

At least make the home solar ready –
 (structure, conduit)
 Solar PV is much more affordable -
 don't rely on solar to offset poor design
 New technologies include on-site
 storage – batteries & EV's



Designing for Solar Panels



Early Design Checklist

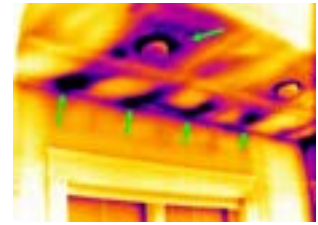
- Plan for efficient framing – walls @ 24" o.c., openings aligned with framing, etc.
- Provide enough space for all the HVAC equipment and ducts (with required insulation) in conditioned space.
- Work with an HVAC system designer who really understands high performance (few do, so pick yours carefully).
- Run an energy model very early in design to get a sense of how much PV you're going to need – that will be important as you design the roof form.
- Avoid complexity in your roof design; simplicity carries multiple benefits:
 - + easier to detail so as to reduce risk of water intrusion
 - + easier to air-seal and insulate
 - + less costly to build
 - + more space for PVs
- Reduce overall complexity. Changes of plane and complicated intersections add cost, compromise thermal performance; are harder to build while maintaining continuity of water, air, and thermal barriers, and therefore increase risk of defects.
- Build in flexibility to accommodate changes over the building's life span, such as fuel switching (gas to electricity), addition of electric vehicle charging, etc.

• www.greenbuildingadvisor.com

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Technology / Programs Can Help

- **Use the Tools**
 - Energy Modeling – target EUI's, Performance Monitoring, IAQ Sensors, IR Camera, Blower Door and Duct Leakage Testing, Inspections and Certifications
 - Beyond Code Programs



2020 CHALLENGE Targets: U.S. Residential Regional Averages

U.S. Regional Averages for Site Energy Use and 2020 Challenge Energy Reduction Targets by Residential Space/Building Type (2013-2014)

Residential Space/Building Type*	Average Annual EUI** (kBtu/sq.ft.)	Average Annual EUI** (kBtu/sq.ft.)	2020 Challenge Site EUI Targets (kBtu/sq.ft./yr)			
			80% Target	60% Target	40% Target	20% Target
South						
Single Family Detached	48.9	41.9	20.8	18.8		
Single Family Attached	42.5	38.9	19.4	15.5		
Multi-Family, 2 to 4 units	115.8	48.9	23.5	18.8		
Multi-Family, 5 or more units	122.4	47.9	24.6	19.2		
Mobile Homes	44.0	43.3	31.8	25.3		

ZERO TOOL

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Part 2

Building Science

A house is a system made up of interrelated parts:

- The building thermal envelope
- Systems
 - Heat and air conditioning
 - Ventilation
 - Water heating and distribution
- Lighting & appliances



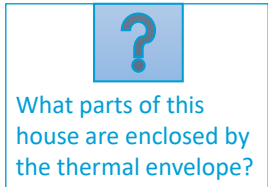
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Building Thermal Envelope

IECC Definition

The basement walls, exterior walls, floor, roof and any other building elements that enclose conditioned space or provide a boundary between conditioned space and exempt or unconditioned space.



Heat Transfer

- Heat is a form of energy
- Heat moves from hot to cold
- 3 types of heat transfer:
 - **Conduction** – heat moves through a material
 - **Convection** – heat energy carried by a fluid (including air)
 - **Radiation** – heat emits from a hot surface to a cooler surface



Heat transfer: Radiation

- Low-emitting surfaces slow radiation



Knowledge Check

Heat Transfer Problem

Your Choices:

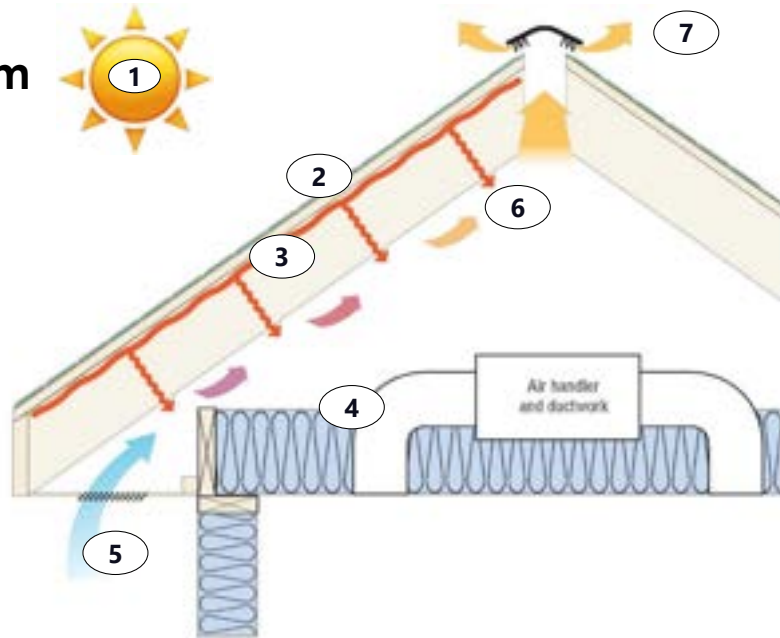
- Radiation
- Conduction
- Convection

1 → 2 = Radiation

2 → 3 = Conduction

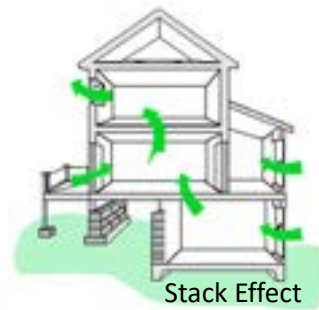
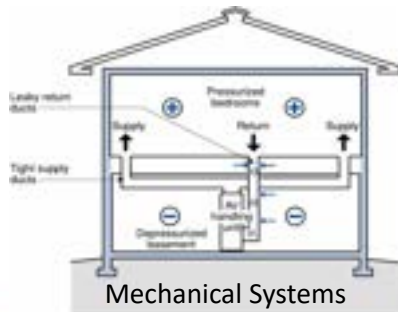
3 → 4 = Radiation

5 → 6 → 7 = Convection

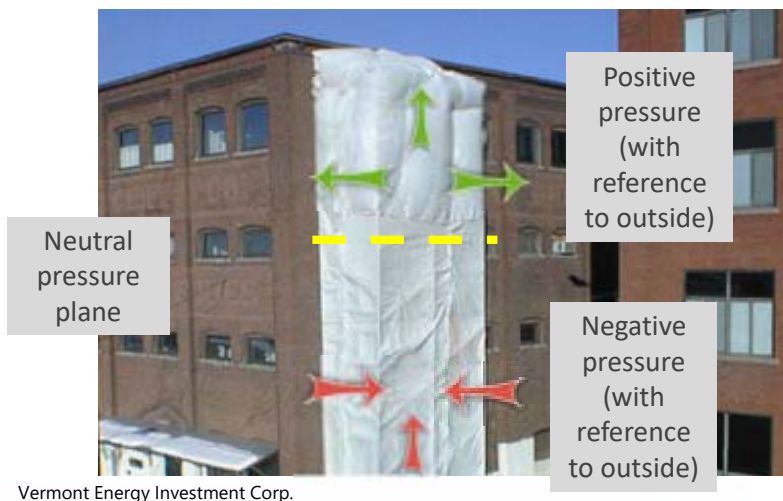


Air Flow

- Air moves from areas of higher pressure to areas of lower pressure
- Natural and man-made forces that can create pressure differences cause air to flow
- Whenever air moves out of a home, an equal amount of air enters the home (CFM_{in} = CFM_{out})



Stack Effect



Vermont Energy Investment Corp.

Thermal and Air Barriers

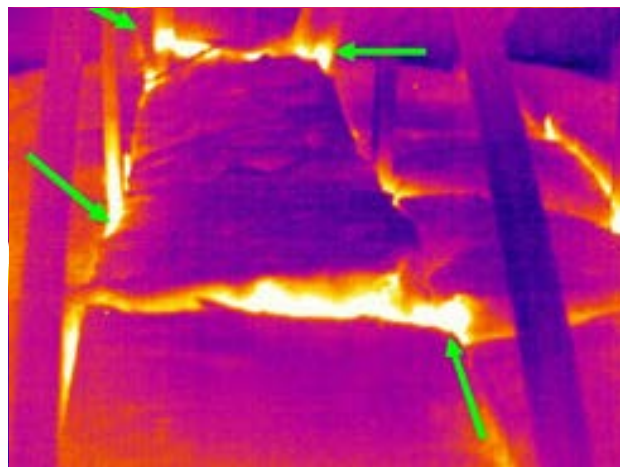
The thermal and pressure boundaries in the building envelope must be **complete** and **aligned**



- Insulation products such as fiberglass batts must be completely enclosed on all sides
- Insulation is most effective when it is continuous and located outside the structure

Continuous Insulation & Air Barrier

Air barrier and insulation must be in contact.



Moisture Transport

Moisture moves...

- From wet to dry
- As liquid or vapor
- By capillary action (wicking)

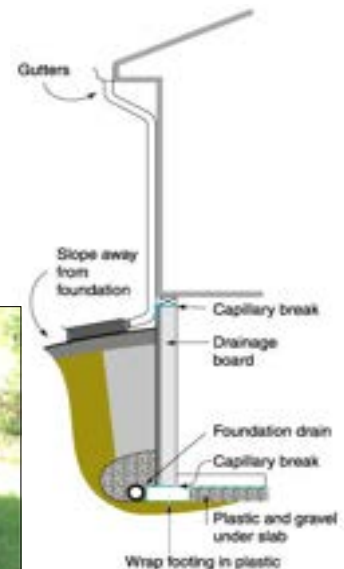
Geography matters! What works in one region may not work in another



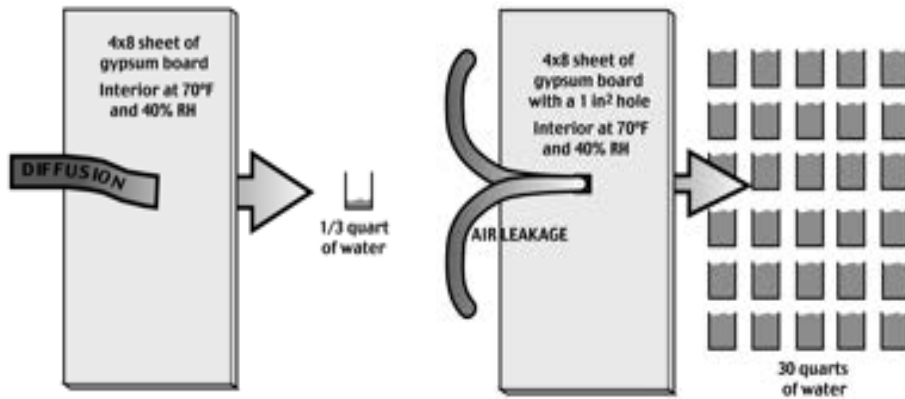
Appropriate measures for moisture control are essential!

Bulk Moisture Control

- Proper site drainage
- Foundation waterproofing
- Plastic ground cover
- Gutters channel water away from foundation

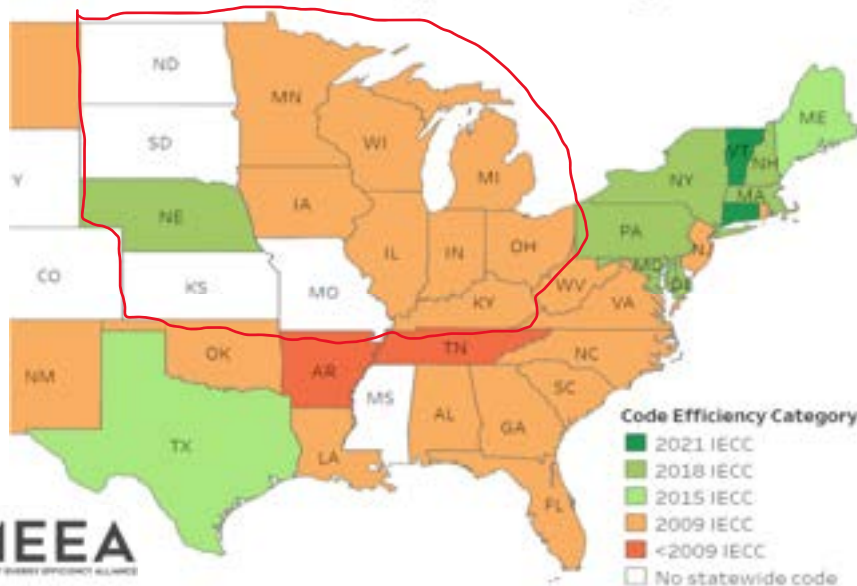


Diffusion Vs. Air Leakage

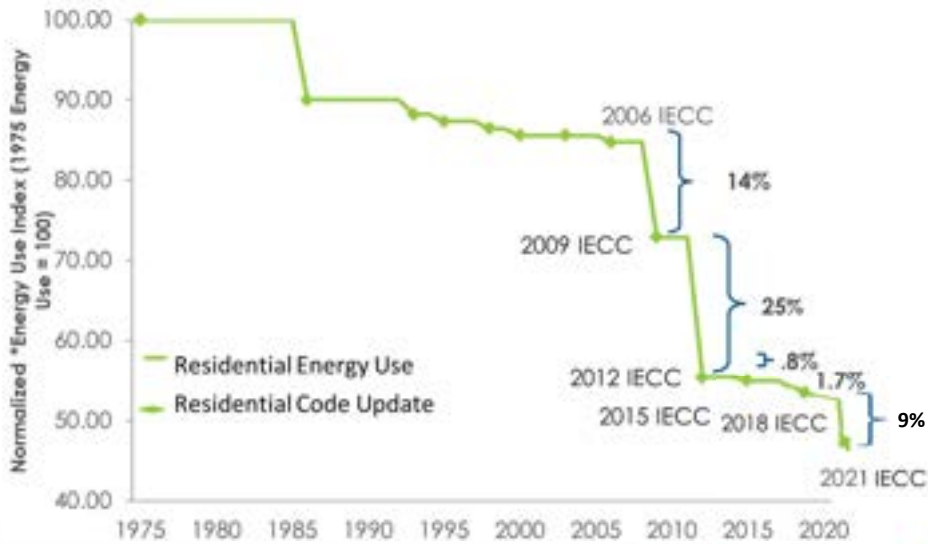


Particularly for a Mixed climate, air leakage is typically far more important a moisture transport mechanism than diffusion

Part 3 Midwest Residential Energy Code Adoption



Part 3 **Residential Energy Code Background**



Part 3

Energy Code: Residential Building

Applies to:

- New construction
- 1 and 2 family (R3)
- Multi-family, 3 stories and less (R2 and R4) – IECC 2009
- Additions, Alterations, Repairs

Exempt Buildings

- No conditioning
- Historical



CONDITIONED SPACE. For energy purposes, space within a building that is provided with heating and/or cooling equipment or systems capable of maintaining, through design or heat loss/gain, 50°F (10°C) during the heating season and 85°F (29°C) during the cooling season, or communicates directly with a conditioned space. For mechanical purposes, an area, room or space being heated or cooled by any equipment or appliance.

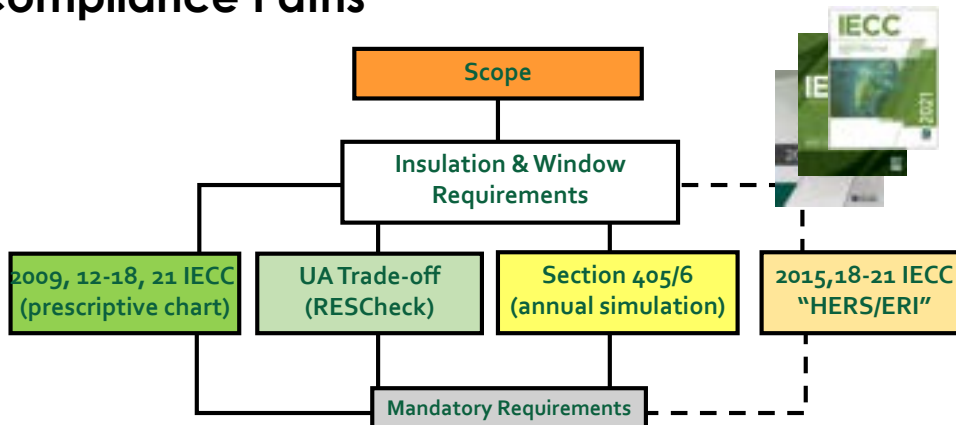
Scope of Residential Energy Code

- Focus is on building envelope
 - Ceilings, walls, windows, floors, foundations
 - Sets insulation levels, window U-factors and SHGC
 - Infiltration control
 - Caulk and seal to prevent air leaks
 - Verify envelope tightness with blower door test (or visual inspection for 2009 code)
- Ducts
 - No building cavities as ducts (post-2009)
 - Seal properly and insulate even if all ductwork is in conditioned space
 - Verify tight with duct pressurization test (2009 on)
- Lighting equipment
 - High-efficacy bulbs required (50%, 75%, 90%, 100%)
- HVAC equipment efficiencies covered by different DOE standard
- No appliance requirements



Energy Codes

Compliance Paths



- The Energy Rating Index (ERI) path gives the most design flexibility (e.g., credit for mechanical equipment efficiency)

2009 IECC- Section 402.1

- One prescriptive “answer” for how to build per climate zone (CZ: 4 and 5)
- Includes lots of footnotes

2009

TABLE 402.1.1
INSULATION AND FENESTRATION REQUIREMENTS BY COMPONENT*

CLIMATE ZONE	FENESTRATION U-FACTOR ^a	SKYLIGHT ^b U-FACTOR	GLAZED FENESTRATION SHGC ^{c, d}	CEILING R-VALUE	WOOD FRAME WALL R-VALUE	MASS WALL R-VALUE ^e	FLOOR R-VALUE	BASEMENT ^f WALL R-VALUE	SLAB ^g R-VALUE & DEPTH	CRACK SPACE ^h WALL R-VALUE
1	1.2	0.75	0.30	30	13	3/4	13	0	0	0
2	0.65 ^g	0.75	0.30	30	13	4/8	13	0	0	0
3	0.50 ^f	0.65	0.30	30	13	5/8	19	5/13 ^f	0	5/13
4 except Marine	0.35	0.60	NR	38	13	5/10	19	10/13	10, 2 ft	10/13
5 and Marine 4	0.35	0.60	NR	38	20 or 13+5 ^h	13/17	30 ^a	10/13	10, 2 ft	10/13
6	0.35	0.60	NR	49	20 or 13+5 ^h	15/19	30 ^a	15/19	10, 4 ft	10/13
7 and 8	0.35	0.60	NR	49	21	19/21	38 ^a	15/19	10, 4 ft	10/13



2015 IECC vs. 2018 IECC

- One prescriptive “answer” for how to build per climate zone (CZ: 4 and 5)

TABLE R402.1.2
INSULATION AND FENESTRATION REQUIREMENTS BY COMPONENT*

CLIMATE ZONE	FENESTRATION U-FACTOR ^a	SKYLIGHT ^b U-FACTOR	GLAZED FENESTRATION SHGC ^{c, d}	CEILING R-VALUE	WOOD FRAME WALL R-VALUE	MASS WALL R-VALUE ^e	FLOOR R-VALUE	BASEMENT ^f WALL R-VALUE	SLAB ^g R-VALUE & DEPTH	CRACK SPACE ^h WALL R-VALUE
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2015

3	0.35	0.55	0.25	38	20 or 13+5 ^h	8/13	19	5/13 ^f	0	5/13
4 except Marine	0.35	0.55	0.40	49	20 or 13+5 ^h	8/13	19	10/13	10, 2 ft	10/13
5 and Marine 4	0.32	0.55	NR	49	20 or 13+5 ^h	13/17	30 ^a	15/19	10, 2 ft	15/19
6	0.32	0.55	NR	49	20+5 or 13+10 ^h	15/20	30 ^a	15/19	10, 4 ft	15/19

2018

3	0.32	0.55	0.25	38	20 or 13+5 ^h	8/13	19	5/13 ^f	0	5/13
4 except Marine	0.32	0.55	0.40	49	20 or 13+5 ^h	8/13	19	10/13	10, 2 ft	10/13
5 and Marine 4	0.30	0.55	NR	49	20 or 13+5 ^h	13/17	30 ^a	15/19	10, 2 ft	15/19
6	0.30	0.55	NR	49	20+5 or 13+10 ^h	15/20	30 ^a	15/19	10, 4 ft	15/19

402.1.4 is similar table for U-factors (get U-values from RESCheck)

Energy Codes

2021 IECC

• Buchanan, Caldwell, Chariton, Clinton, are now CZ 4A

• Dunklin & Pemiscot, are now CZ 3A

- One prescriptive “answer” for how to build per climate zone (now CZ: 3, 4, 5)

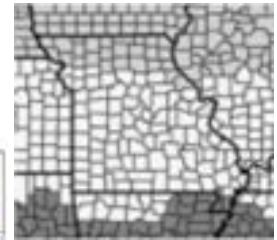


TABLE R402.1.3 INSULATION MINIMUM R-VALUES AND FENESTRATION REQUIREMENTS BY COMPONENT*

2021

CLIMATE ZONE	FENESTRATION UFACTOR ¹	SKYLIGHT ² UFACTOR	GLAZED FENESTRATION SHGC ^{3,4}	CEILING R-VALUE	WOOD FRAME WALL R-VALUE ⁵	MASS WALL R-VALUE ⁶	FLOOR R-VALUE	BASEMENT ⁷ WALL R-VALUE	SLAB ⁸ R-VALUE & DETAIL ⁹	CREAK SPACE ¹⁰ WALL R-VALUE
3	0.30	0.55	0.25	40	20 or 13A 50 ¹¹	5/13	19	5 or 12 ¹²	10x, 2 9	5 or 12 ¹³
4 except Marine	0.30	0.55	0.40	40	20 or 13A 50 ¹¹ or 13B 150 ¹⁴ or 18/200 ¹⁵	5/13	19	10 or 13	10x, 4 9	10 or 13
5 and Marine 4	0.30 ¹⁶	0.55	0.40	40	20 or 13A 50 ¹¹ or 13B 150 ¹⁴ or 18/200 ¹⁵	13/13	30	15 or 18 or 13A 50	10x, 4 9	15 or 18 or 13A 50
6	0.30 ¹⁶	0.55	40	40	20 or 13A 50 ¹¹ or 13B 150 ¹⁴ or 18/200 ¹⁵	15/20	30	15 or 18 or 13A 50	10x, 4 9	15 or 18 or 13A 50



402.1.2 is similar table for U-factors (get U-values from RESCheck)

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IECC Code Differences – ‘15 to ‘18

- Window Ufactors dropped slightly from U35 to U32 & U30 (CZ's 4-5)
- Exception for log homes built according to ICC 400
- ERV/HRV ducts exempt from leakage testing (if independently ducted)
- Ducts allowed to be buried in ceiling insulation
 - Ducts R-8
 - Minimum surrounding insulation R-19 (R-13 for CZ1-3A, ducts >3')
 - Effective R-25 when modeling
- Ducts in conditioned space
 - Completely inside thermal envelope
 - Buried ducts with AHU inside envelope plus < 1.5% Total Leakage plus threshold of ceiling insulation
- 90% Efficient Lighting (LED's)
- ERI relaxed targets (62 for CZ4, 61 for CZ5, backstop penalty for renewables)



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IECC Code Differences – '18 to '21

- Redefined CZ's for 6 counties in MO
- Window Ufactors dropped (more stringent)
- Wall and ceiling R-values increased
- Attic pull-down stairs details – R-13 okay for CZ1-4
- Floor insulation options
- Basement options
- Sunrooms and heated garage separation
- Ducts in conditioned space
 - Must now be tested < 8% Total Leakage
 - Ducts outside, still tested < 4% Total Leakage
- Ventilation fans (kitchen, bath, whole house) have airflow verified to meet minimum required by IMC
- 100% efficient lighting and controls (dimmer, occupant sensors, with exceptions; exterior)
- Additional Efficiency Package - required



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IECC Code '21

- Section 408 Additional Efficiency Package – 1 required



SECTION R408 ADDITIONAL EFFICIENCY PACKAGE OPTIONS

R408.1 Scope.

This section establishes additional efficiency package options to achieve additional energy efficiency in accordance with Section R401.2.5.

R408.2 Additional efficiency package options.

Additional efficiency package options for compliance with Section R401.2.1 are set forth in Sections R408.2.1 through R408.2.5.

R408.2.1 Enhanced envelope performance option.

The total building thermal envelope UA, the sum of U-factor times assembly area, shall be less than or equal to 95 percent of the total UA resulting from multiplying the U-factors in Table R402.1.2 by the same assembly area as in the proposed building. The UA calculation shall be performed in accordance with Section R402.1.5. The area-weighted average SHGC of all glazed fenestration shall be less than or equal to 95 percent of the maximum glazed fenestration SHGC in Table R402.1.2.

R408.2.2 More efficient HVAC equipment performance option.

Heating and cooling equipment shall meet one of the following efficiencies:

1. Greater than or equal to 95 AFUE natural gas furnace and 16 SEER air conditioner.
2. Greater than or equal to 10 HSPF/16 SEER air source heat pump.
3. Greater than or equal to 3.5 COP ground source heat pump.

For multiple cooling systems, all systems shall meet or exceed the minimum efficiency requirements in this section and shall be sized to serve 100 percent of the cooling design load. For multiple heating systems, all systems shall meet or exceed the minimum efficiency requirements in this section and shall be sized to serve 100 percent of the heating design load.

- Envelope is 5% better

- HVAC efficiency

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IECC Code'21

- 408 Additional Efficiency Package (cont.) – 1 required



R408.2.3 Reduced energy use in service water-heating option.

The hot water system shall meet one of the following efficiencies:

1. Greater than or equal to 0.82 EF fossil fuel service water-heating system.
2. Greater than or equal to 2.0 EF electric service water-heating system.
3. Greater than or equal to 0.4 solar fraction solar water-heating system.

- Water heater efficiency

R408.2.4 More efficient duct thermal distribution system option.

The thermal distribution system shall meet one of the following efficiencies:

1. 100 percent of ducts and air handlers located entirely within the building thermal envelope.
2. 100 percent of ductless thermal distribution system or hydronic thermal distribution system located completely inside the building thermal envelope.
3. 100 percent of duct thermal distribution system located in conditioned space as defined by Section R403.3.2.

- Ducts inside envelope

R408.2.5 Improved air sealing and efficient ventilation system option.

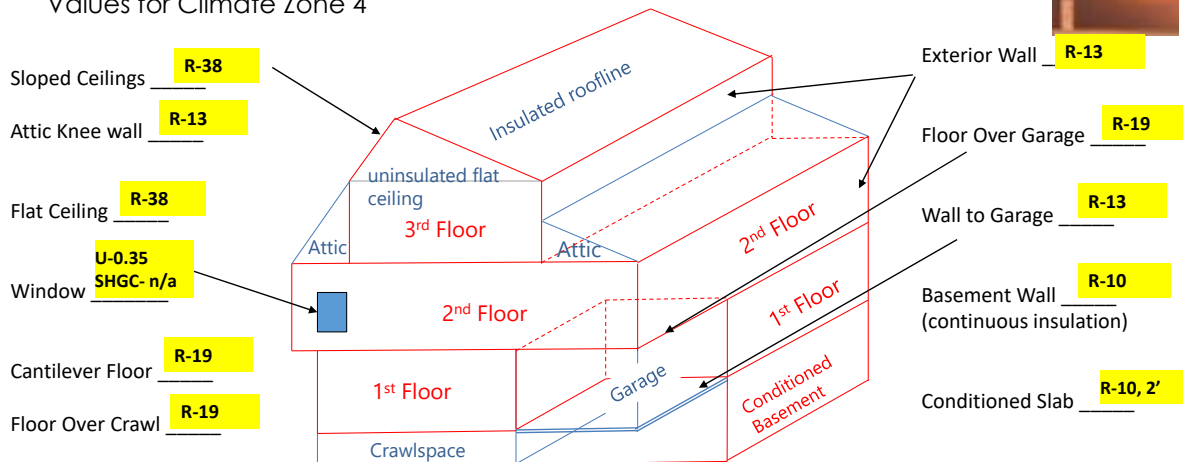
The measured air leakage rate shall be less than or equal to 3.0 ACH50, with either an Energy Recovery Ventilator (ERV) or Heat Recovery Ventilator (HRV) installed. Minimum HRV and ERV requirements, measured at the lowest tested net supply airflow, shall be greater than or equal to 75 percent Sensible Recovery Efficiency (SRE), less than or equal to 1.1 cubic feet per minute per watt (0.03 m³/min/watt) and shall not use recirculation as a de frost strategy. In addition, the ERV shall be greater than or equal to 50 percent Latent Recovery/Moisture Transfer (LRMT).

- Tight home with ERV/HRV

Energy Codes

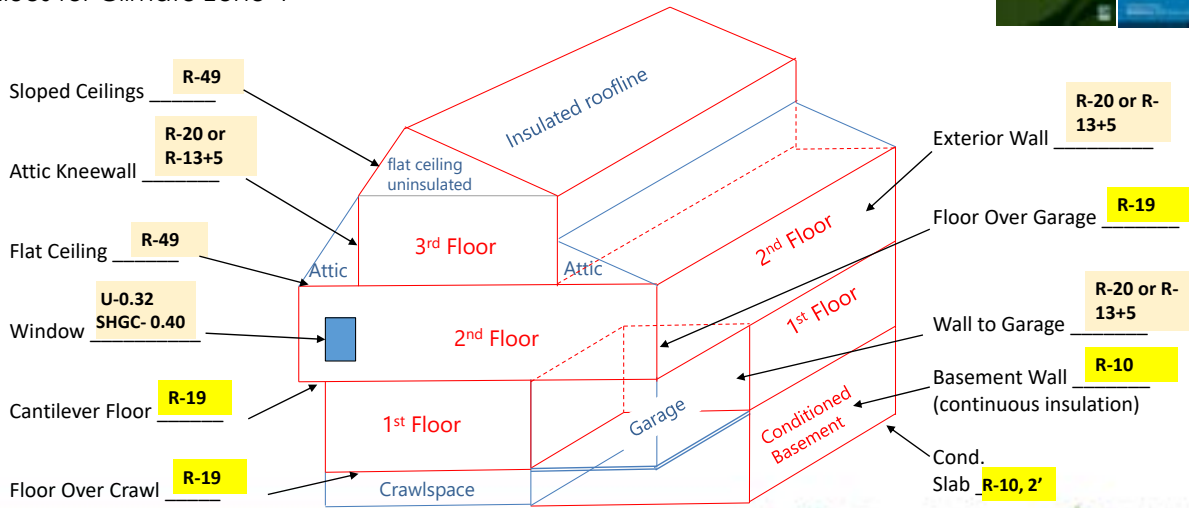
2009 IECC Prescriptive Code R-Values

Values for Climate Zone 4



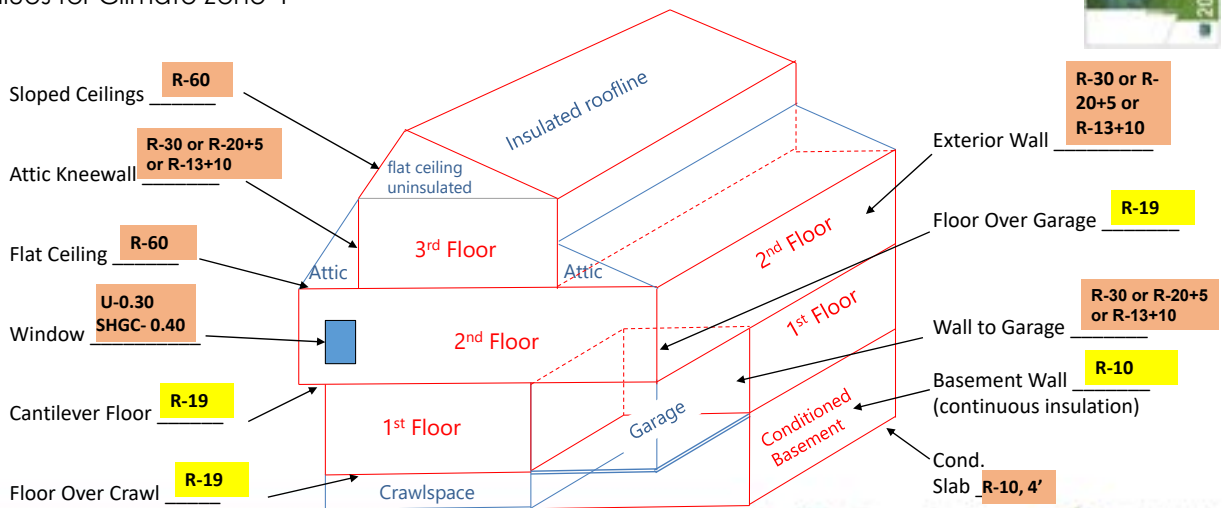
2018 IECC/IRC Prescriptive Code R-Values

Values for Climate Zone 4



2021 IECC/IRC Prescriptive Code R-Values

Values for Climate Zone 4



Section 402.2: Insulation Requirements

- Details for insulating various aspects of the building envelope:
 - **Ceilings with Attic – 402.2.1**
 - **Ceilings w/out Attic – 402.2.2**
 - **Eave baffles – 402.2.3**
 - **Access hatches and doors– 402.2.4**
 - Mass Walls – 402.2.5
 - Steel Framing – 402.2.6
 - **Floors – 402.2.7**
 - **Basement Walls – 402.2.8**
 - Slab-on-grade – 402.2.9
 - **Crawlspace Walls – 402.2.10**
 - Masonry Veneer – 402.2.11
 - Sunroom & Heated Garage – 402.2.12



Insulation Requirements

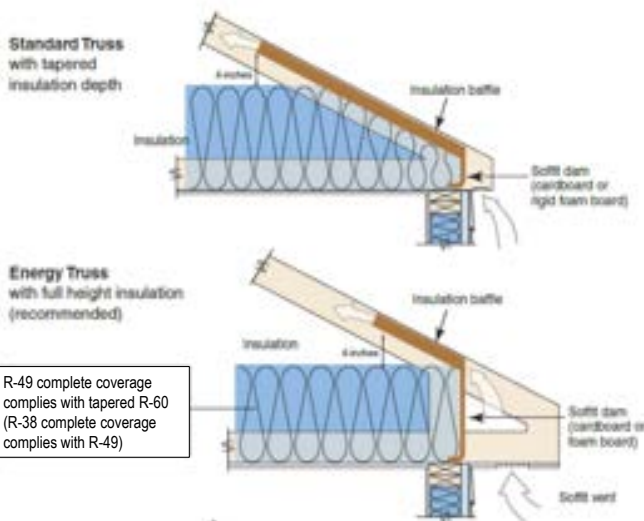
402.2.1 - Ceilings with Attics

- R-49 (CZ3) and R-60 (CZ4-5) is prescriptive requirement
- Rulers required every 300 s.f.



Insulation Requirements

402.2.1 Ceilings with Attics

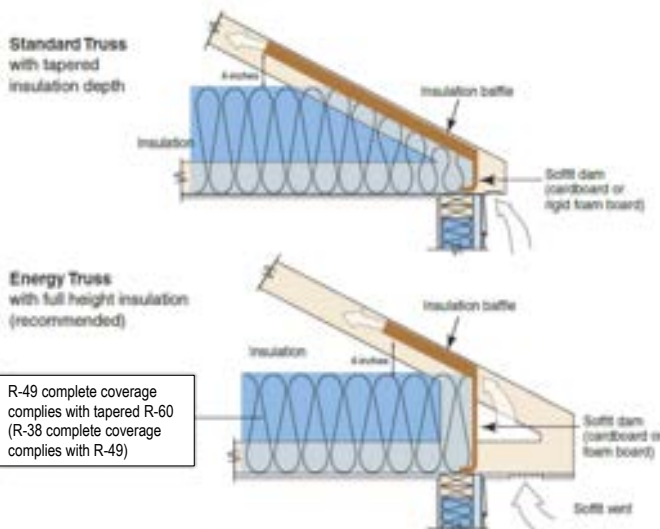


R402.2.1 Ceilings with attics.

Where Section R402.1.3 requires R-49 insulation in the ceiling or attic, installing R-38 over 100 percent of the ceiling or attic area requiring insulation shall satisfy the requirement for R-49 insulation wherever the full height of uncompressed R-38 insulation extends over the wall top plate at the eaves. Where Section R402.1.3 requires R-60 insulation in the ceiling or attic, installing R-49 over 100 percent of the ceiling or attic area requiring insulation shall satisfy the requirement for R-60 insulation wherever the full height of uncompressed R-49 insulation extends over the wall top plate at the eaves. This reduction shall not apply to the insulation and fenestration criteria in Section R402.1.2 and the Total UA alternative in Section R402.1.5.

Insulation Requirements

402.2.3 Eave Baffles



R402.2.3 Eave baffle.

For air-permeable insulation in vented attics, a baffle shall be installed adjacent to soffit and eave vents. Baffles shall maintain a net free area opening equal to or greater than the size of the vent. The baffle shall extend over the top of the attic insulation. The baffle shall be permitted to be any solid material. The baffle shall be installed to the outer edge of the exterior wall top plate so as to provide maximum space for attic insulation coverage over the top plate. Where soffit venting is not continuous, baffles shall be installed continuously to prevent ventilation air in the eave soffit from bypassing the baffle.

Insulation Requirements

402.2.2 - Ceilings without Attics

- R-30 for 20% (up to 500 s.f.) acceptable for CZ4&5
- Vaulted ceilings and foam sprayed rooflines will need to perform an R-value trade-off



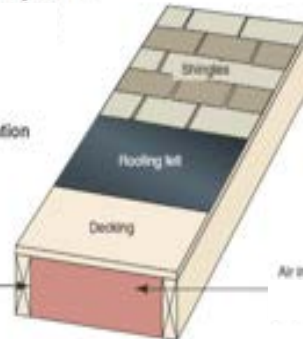
Roofline Installed Insulation Options

R402.2.2 Ceilings without attics

Where Section R402.1.3 requires insulation R-values greater than R-30 in the interstitial space above a ceiling and below the structural roof deck, and the design of the roof/ceiling assembly does not allow sufficient space for the required insulation, the minimum required insulation R-value for such roof/ceiling assemblies shall be R-30. Insulation shall extend over the top of the roof plate to the outer edge of such plate and shall not be compressed. This reduction of insulation from the requirements of Section R402.1.3 shall be limited to 500 square feet (46 m²) or 20 percent of the total insulated ceiling area, whichever is less. This reduction shall not apply to the Total U-factor alternative in Section R402.1.5.

Vaulted unvented attic – roofline air-impermeable insulation (e.g., spray foam insulation)

Air impermeable insulation (e.g., open- or closed-cell spray foam)



Air impermeable insulation

Insulation Requirements

402.2.2 - Ceilings without Attics

- Can use fiberglass or cellulose in vault for unvented roofs (air-permeable insulation) with added:
 - R-15 (CZ 4) rigid foam board



Vaulted unvented attic – roofline air-permeable insulation (e.g., fiberglass, cellulose insulation)

Air impermeable insulation (e.g. rigid foam board)

Air-permeable insulation (e.g., fiberglass, cellulose insulation)

Option 1
Air impermeable insulation continuous above rafters (e.g. rigid foam board) combined with air-permeable insulation (e.g., fiberglass, cellulose insulation)

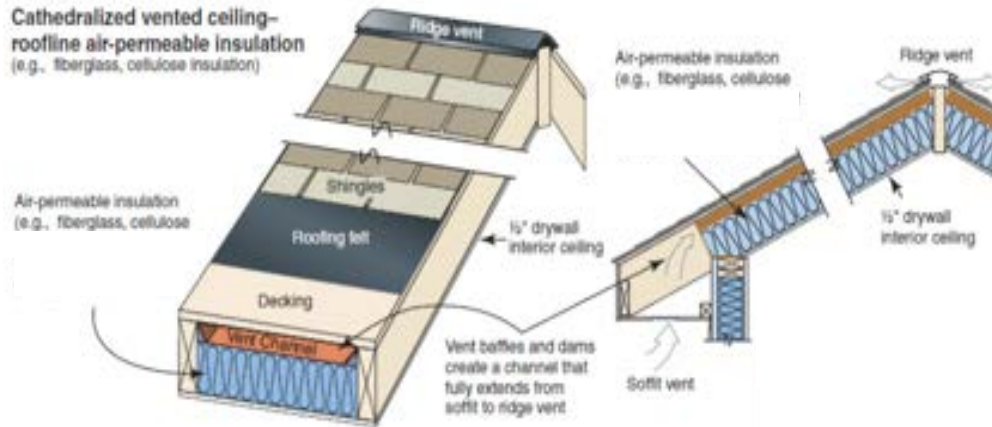
R-5 minimum in climate zones 2 & 3
R-15 minimum in climate zone 4

Option 2
Air impermeable insulation between rafters (e.g. rigid foam board or spray foam) combined with air-permeable insulation (e.g., fiberglass, cellulose insulation)

Reference IRC Section 806.5 unvented attic assemblies

402.2.2 - Ceilings without Attics

- Old school approach



402.2.4 Access Hatches & Doors

- Attic access at same R-value as wall/ceiling
- Exception for pull-down stairs CZ 0-4

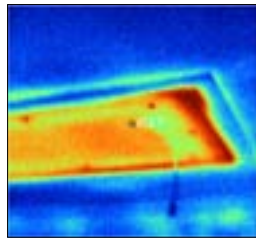
R402.2.4 Access hatches and doors.

Access hatches and doors from conditioned to unconditioned spaces such as attics and crawl spaces shall be insulated to the same R-value required by Table R402.1.3 for the wall or ceiling in which they are installed.

Exceptions:

1. Vertical doors providing access from conditioned spaces to unconditioned spaces that comply with the fenestration requirements of Table R402.1.3 based on the applicable climate zone specified in Chapter 3.
2. Horizontal pull-down, stair-type access hatches in ceiling assemblies that provide access from conditioned to unconditioned spaces in Climate Zones 0 through 4 shall not be required to comply with the insulation level of the surrounding surfaces provided the hatch meets all of the following:
 - 2.1 The average U-factor of the hatch shall be less than or equal to U-0.10 or have an average insulation R-value of R-10 or greater.
 - 2.2 Not less than 75 percent of the panel area shall have an insulation R-value of R-13 or greater.
 - 2.3 The net area of the framed opening shall be less than or equal to 13.5 square feet (1.25 m²).
 - 2.4 The perimeter of the hatch edge shall be weatherstripped.

- For an attic with 990 s.f. = R-38, and 10 s.f. = R-1, Effective R-value = R-29!



- Nominal R-13

Insulation Requirements

402.2.8 Floors

- Insulation should maintain **continuous permanent** contact against subfloor



R402.2.7 Floors.

Floor cavity insulation shall comply with one of the following:

1. Installation shall be installed to maintain permanent contact with the underside of the subfloor decking in accordance with manufacturer instructions to maintain required R-value or readily fill the available cavity space.
2. Floor framing cavity insulation shall be permitted to be in contact with the top side of sheathing separating the cavity and the unconditioned space below. Insulation shall extend from the bottom to the top of all perimeter floor framing members and the framing members shall be air sealed.
3. A combination of cavity and continuous insulation shall be installed so that the cavity insulation is in contact with the top side of the continuous insulation that is installed on the underside of the floor framing separating the cavity and the unconditioned space below. The combined R-value of the cavity and continuous insulation shall equal the required R-value for floors. Insulation shall extend from the bottom to the top of all perimeter floor framing members and the framing members shall be air sealed.

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Insulation Requirements

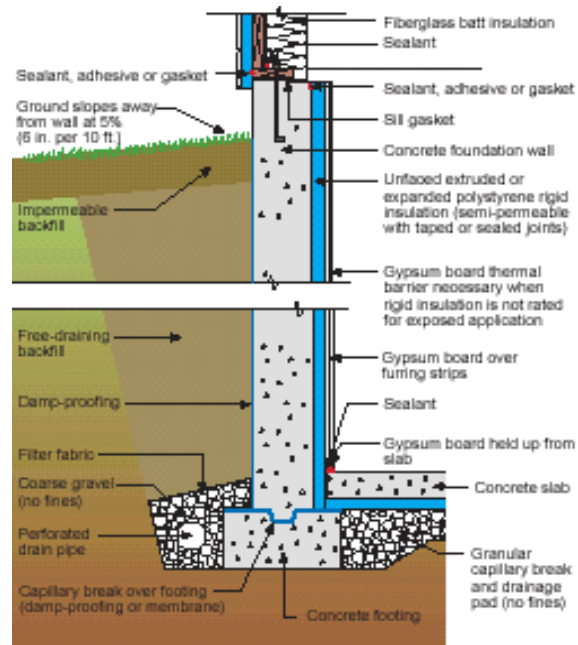
Reality of Underfloor Insulation



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Insulating Basements

www.eeba.org
www.buildingscience.com



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Systems Approach to Walkout Basements

Advantages to insulating all basement walls:

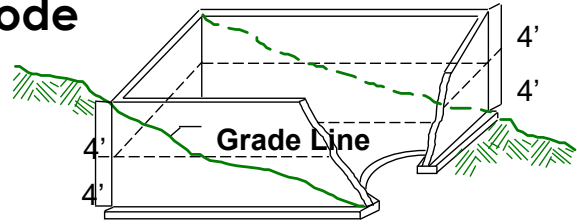
- Wall insulation lasts longer and works well (R-10 wall in CZ4 vs. R-19 floor)
- Ducts and AHU are brought inside envelope
- Main floor level is more comfortable
- Basement may be finished or unfinished



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Definition and Prescriptive Code

- Basement Wall: Average gross wall must be > 50% below grade and enclose conditioned space
- CZ4-5: R-10 continuous or R-13 cavity
 - 2018 CZ5=R-15/19



Try to avoid cavity insulation; continuous insulation performs better

Interior Insulation Strategies

Cellulose blanket/batt



Rigid foil-faced poly-iso foam board



Fiberglass batt w/ vinyl backing



Interior Insulation Strategies

Rigid foam board



Fiberglass batt in AGW, foam board on concrete



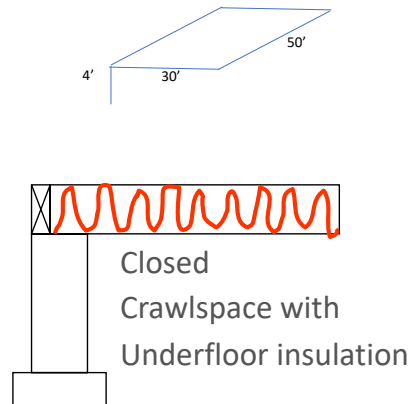
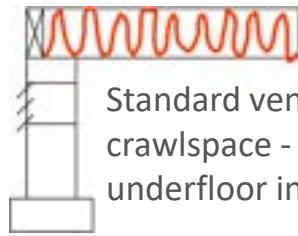
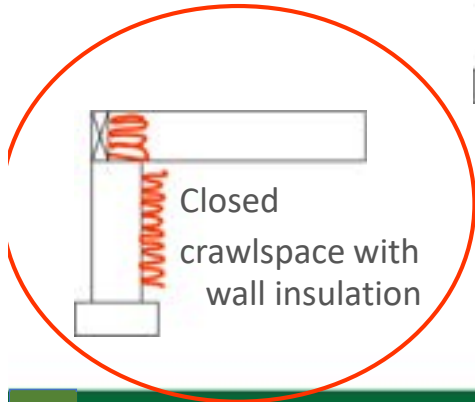
Spray Polyurethane Foam



Interior Insulation Strategies



R402.2.11 Crawlspace Walls



- **Note:** all crawlspaces must meet vapor retarder requirements, as per IRC (exception for open crawlspaces)

R402.2.11 Crawlspace Walls

- Seal ground with 6-mil plastic (6" up walls, 6" overlaps)
- Insulate interior of walls to satisfy code (R-10 in CZ4, R-15 in CZ5)
- Eliminate all vents and leaks (access doors)
- Satisfy IRC exception to vent requirement (IRC section R408.3)

Venting Exceptions:

- Continuous exhaust (radon)
- Direct condition crawlspace (supply)
- Direct condition (dehumidifier)



Critical Details:

- No drainage problems
- Use a sealed combustion / direct vent furnace or install a Heat Pump
- Pest Control and Code Official awareness

Insulation techniques – Walls



SF suggestion: taped, hinged "plug" of rigid insulation board in gap

Gap for pest inspection

www.crawlspace.org

Insulation techniques – Rim/band area



Open/
Closed Cell
Foam

Caulk and
Fiberglass
Batt



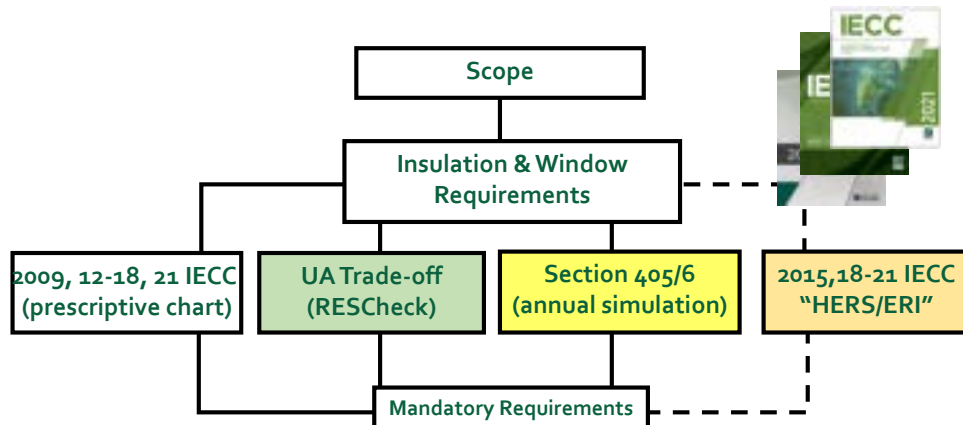
Blown
Bag /
Pillow

- Pest Control industry struggles with band area fully filled with SPF
- SPF that fills band blocks inspection for pest control
- Air seal and then insulate with movable insulation product (batts, pillows, rigid board, etc.)

The band-joint area can be a challenge to insulate correctly, with some contractors opting for fiberglass batt rather than the complications of spray foam. For installers working with blown fiberglass or cellulose, National Fiber offers another option. Its Insul-Cube is a fire-rated bag can be filled with blown insulation on-site, then friction-fit between the joists. The amount of insulation used will vary according to the size of the space, and the cubes can be filled-in-place behind pipes or wires. National Fiber]

- Must air seal and insulate rim/band area in basements & crawlspaces

Envelope Tradeoff Options



- The Energy Rating Index (ERI) path gives the most design flexibility (e.g., credit for mechanical equipment efficiency)

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REScheck Tradeoff Option

- www.energycodes.gov
- Software evaluates specific designs quickly
- Demonstrates SHGC compliance
- Allows trade-offs
 - Building envelope components
 - No trade-offs for better heating & cooling equipment efficiencies
- Specify code edition

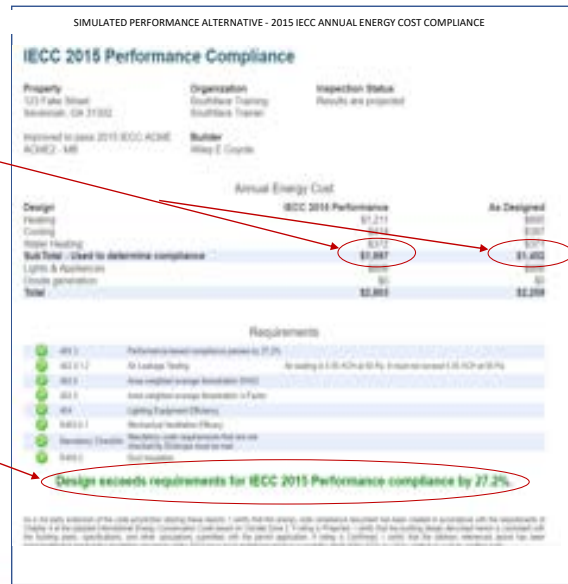


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Section 405 Simulated Performance Alternative - Sample Report

- Annual energy usage simulation demonstrates that the proposed building's energy costs are \leq "standard code" building
- No credit for mechanical efficiencies
- Likely to involve a HERS rater
- Ekotrope, REMrate & Energy Gauge are acceptable

- Compares total annual energy costs
 - ❑ Window U-factor and SHGC
 - ❑ Envelope and duct testing
 - ❑ Lighting, duct insulation
- Compares energy costs of actual home being built against IECC reference home's energy cost



Energy Rating Index (ERI) path



The ERI may allow more options in materials choice, technologies and innovative strategies than the simulated performance path



- The Energy Rating Index (ERI) path gives the most design flexibility (e.g., credit for mechanical equipment efficiency)
- It also credits items not covered by the code (e.g., appliance efficiencies)

How is the ERI determined?

- The ERI is a numerical integer value
- Lower index numbers indicate lower energy use
- The HERS Index is similar to the ERI
- A HERS Index is generated from a HERS Rating using modeling software (e.g., Energy Gauge, REMRate, Ekotrope)
- HERS stands for *Home Energy Rating System*



HERS was developed by the Residential Energy Services Network (RESNET)

www.resnet.us

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Determining the Energy Rating Index

1. Simulate two homes
 - **Rated** Home – what will be built
 - **Reference** Home – same home but exactly meets '06 code
2. Compare Annual Energy
 - Space Heating & Cooling, Hot Water, Lighting and some Appliances
 - Multiply by 100 (lower w/ renewables)



$$\text{Index} = 100 \times PE_{\text{fraction}} \times \frac{40 \quad 30 \quad 30 \quad 50}{70 \quad 20 \quad 30 \quad 80} \times \frac{[\text{Rated Home's Htg} + \text{Clg} + \text{WtrH} + \text{L.A.}]}{[\text{Refer. Home's Htg} + \text{Clg} + \text{WtrH} + \text{L.A.}]} = 75$$

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HERS / Energy Rating Index – What does it mean?

- HERS Index (lower is better)
- Rated home with Index of 100 = Reference home exactly meeting 2004/06 IECC
- Net Zero Energy Home = HERS Index of 0



$$\text{Index} = 100 \times PE_{\text{fraction}} \times \frac{40 \quad 30 \quad 30 \quad 50}{70 \quad 20 \quad 30 \quad 80} = 75$$

[Rated Home's Htg + Clg + WtrH + L.A.]
[Refer. Home's Htg + Clg + WtrH + L.A.]

PE_{fraction} is ratio of renewables to purchased energy
 (If a home produces 2/3 of its annual energy, the PE_{fraction} is 0.33) In this example, $0.33 \times 75 = 25$

Energy Rating Index: Target Values

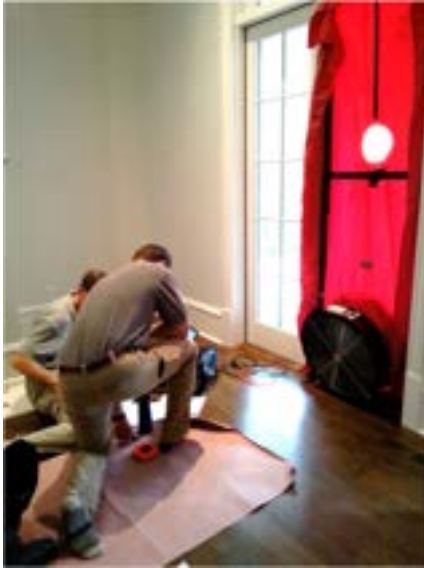
- The 2015/18/21 IECC sets a maximum ERI for each climate zone
- The ERI is not a “magic bullet” or “easy”
- However, it opens more options and allows builders more credit for innovative strategies (“the ERI shall consider all energy used in the residential building”)

TABLE R406.4
 MAXIMUM ENERGY RATING INDEX

CLIMATE ZONE	ENERGY RATING INDEX	ENERGY RATING INDEX*
1	52	57
2	52	57
3	51	57
4	54	62
5	55	61
6	54	61
7	53	58
8	53	58

The rated design must have an ERI less than or equal to the above table to comply with IECC

Blower Door Envelope Testing



- IECC 2009 threshold:
< 7 ACH50
- IECC 2012–21 threshold:
< 3* ACH50 (CZ 3-8)
- Quantifies the Amount of Leakage Across the Home's Thermal Boundary
- Should be administered by a Certified Professional (e.g., DET Verifier, BPI, HERS)
- Reported to Builder and Code Official via Certificate

$$ACH_{50} = \frac{CFM_{50} \times 60}{Volume}$$

* 2021 IECC allows up to < 5 ACH50 with Simulation based trade-off

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How to Fail a Blower Door Test



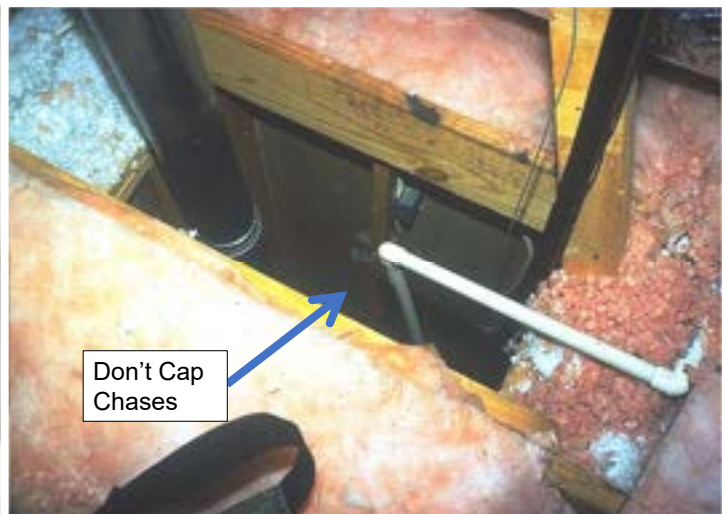
76

How to Fail a Blower Door Test



77

How to Fail a Blower Door Test



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Air Sealing: Critical!



Penetrations in Top Plate Sealed



Cap and Seal Chases



Chase capped and sealed around duct

Tubs on Insulated Walls



Band Area Between Floors

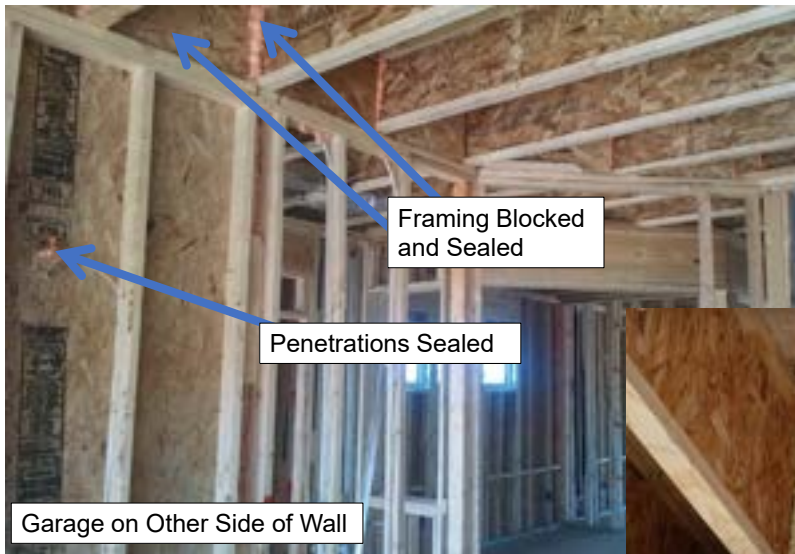


Spray foam at band



Sheathing sealed and sealed housewrap at band

Blocking at Cantilevers



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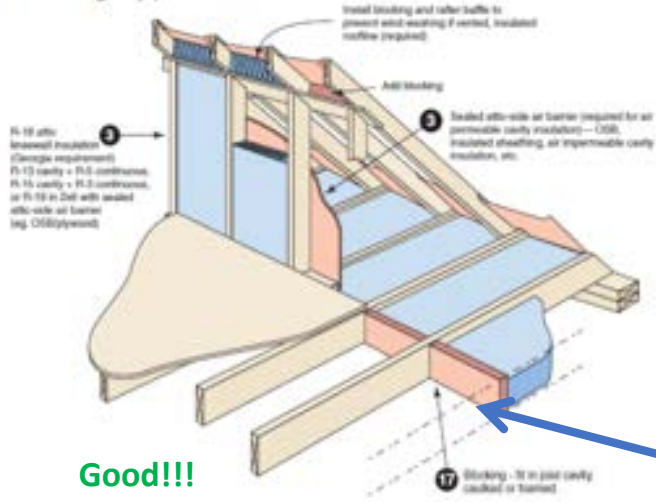
Bottom Plate



84

Correct Practices – Block + Sheath Kneewalls

Air sealing key points *continued*



Install Kneewall blocking



Installing Insulation

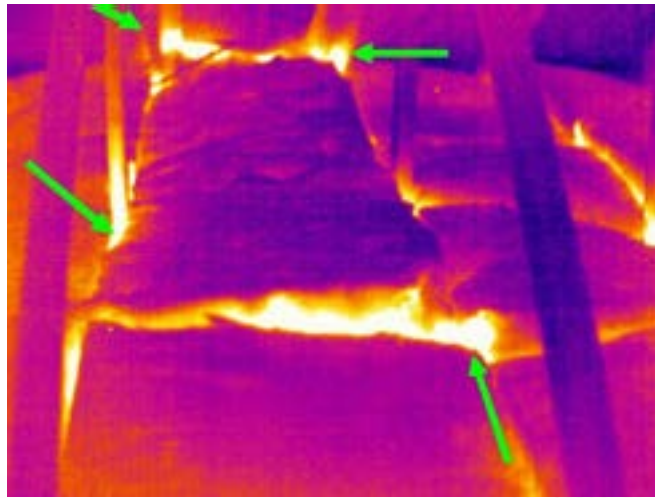


- Voids / Gaps
- Compression / Incomplete Fill

Continuous Insulation & Air Barrier

Installing
Insulation

- Building Thermal Envelope
(air barrier and insulation must be in contact)



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What's Wrong with This Picture?

Installing
Insulation



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Insulation Installation: Grade I, II, or III

- Unless verified, assume Grade III (worst) – see RESNET Appendix A-11-16

installation shall be at least this good to be labeled as "Grade III".



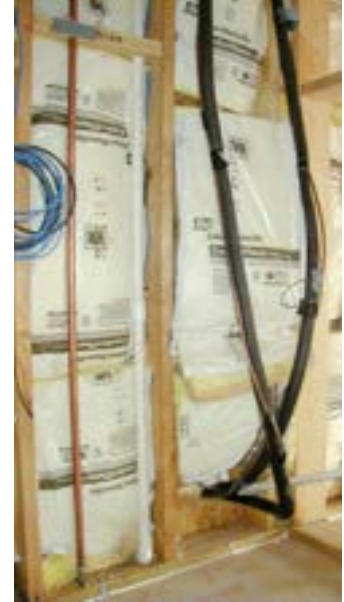
No more than 2% of surface area of insulation missing is acceptable for "Grade II".



"Grade I".



Occasional very small gaps are acceptable for "Grade I".



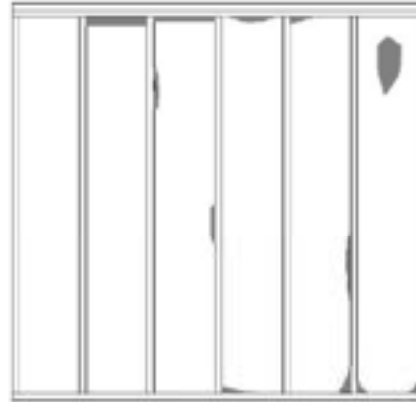
Grade I

RESNET Appendix A-11 - A-13

- occasional very small **gaps/voids**
- less than 2% **compression/incomplete fill** (which may not be more than 30% compressed)



Gaps



Compression

Grade II

RESNET Appendix A-13 - A-15

- **<2% gaps/voids**
- **<10% compression/incomplete fill**
(which may not be more than 30% compressed)



Gaps

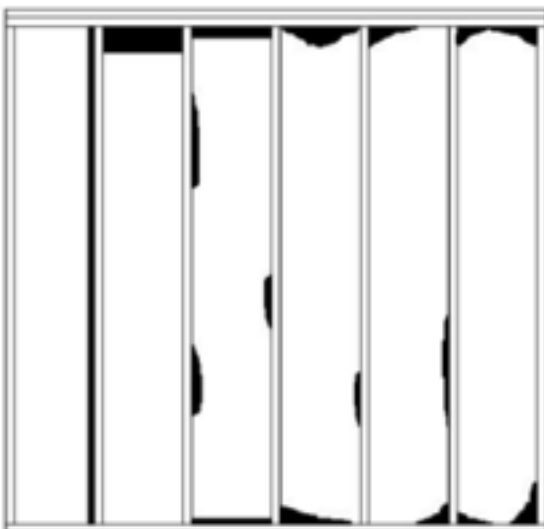


Compression

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Grade III

RESNET Appendix A-15 - A-16



Gaps

- **> 2% and \leq 5% gaps/voids**
- (greater than 5% =
downgraded R-value)
- **10% or worse
compression/incomplete fill**

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What Grade?



What Grade?



What Grade?

2x4	3 1/2"	15	13	11
2x3	2 1/2"	11	10	8.9
2x2 (metal)	1 5/8"			6.5
2x2	1 1/2"			6.1
Label R-Value		R-15	R-13	R-11
Label Thickness		3 1/2"		



What Grade?



**What
Grade?**



97

**What
Grade?**



98

**What
Grade?**



99

**What
Grade?**



100

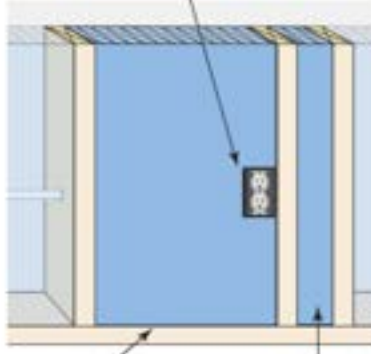
Voids & Gaps

Wall Insulation key points

Voids / Gaps

Passing Grade

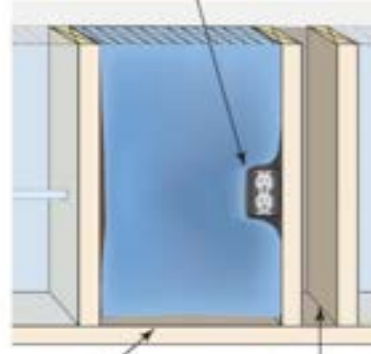
Insulation is notched and completely surrounds electrical box



Good!!!

Unacceptable Installation

Incomplete insulation coverage around electrical box

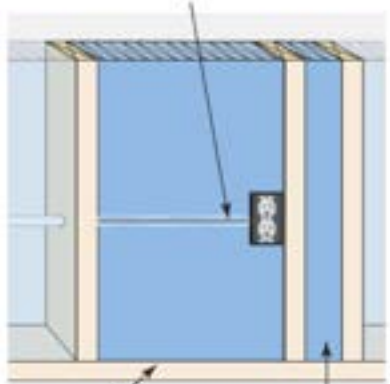


Bad!!!

Compression & Incomplete Fill

Passing Grade

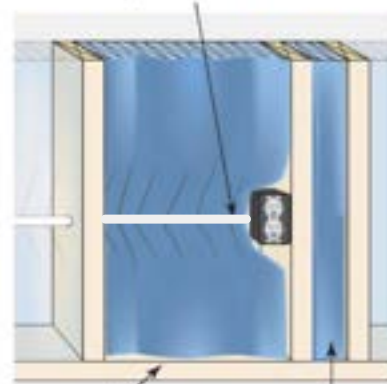
Insulation is sit around electrical wire



Good!

Unacceptable Installation

Insulation is compressed behind electrical wire



Bad!

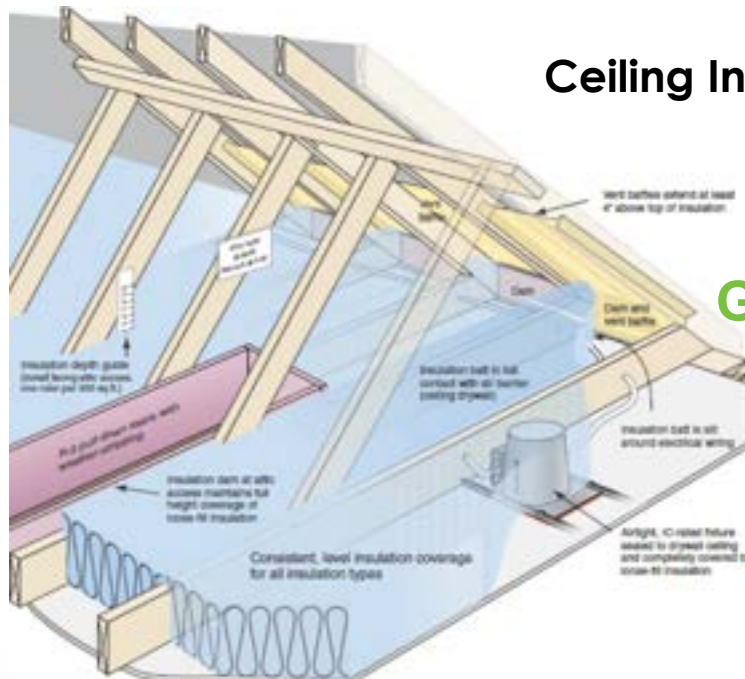
Insulation Installation Videos

Keys to Proper Batt Installation

- #1 - Fill the cavity top-to-bottom, side-to-side and back-to-front
- #2 - Leave no gaps between insulation and framing members - studs and top & bottom plates
- #3 - Split around wiring
- #4 - Insulate behind electrical boxes and other voids created by cavity obstructions

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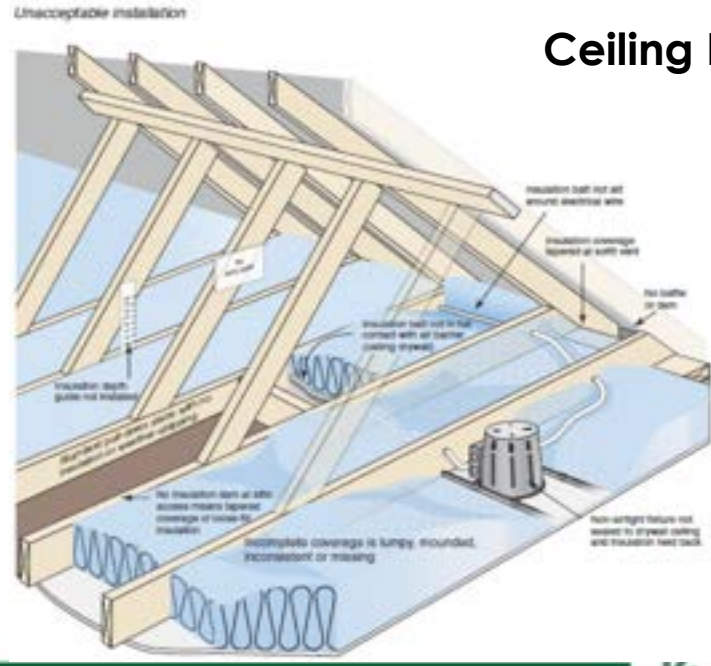
Ceiling Insulation



See IECC R303.1

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Ceiling Insulation



BAD!

Ugly Ceiling Insulation



Missouri Residential Energy Code Baseline Study

In 2016, the Midwest Energy Efficiency Alliance (MEEA) was contracted by the Missouri Department of Economic Development Division of Energy (DED/DE) to collect data about current Missouri residential construction practices as they relate to the **2009 International Energy Conservation Code (IECC)**.

5

Patterns of
Noncompliance

The study found five “**patterns of noncompliance**” in which buildings failed to meet 2009 standards:

1. **Duct Leakage** (unconditioned space)
2. **Duct Sealing** (conditioned space)
3. **Exterior Wall Insulation Installation Quality**
4. **High Efficacy Lights**
5. **Basement Wall Insulation**

Sizing the Mechanical System

“Heating and cooling equipment shall be sized in accordance with Section M1401.3”

“Heating and cooling equipment shall be sized in accordance with **ACCA Manual S** based on building loads calculated in accordance with **ACCA Manual J** or other approved heating and cooling calculation methodologies.”
- IECC R403.7



- Building orientation
- Glazing, walls, foundation & roof
- Design conditions
- Infiltration
- Internal loads
- Ventilation load

Loads: Conduction Heat Flow

Heat transfer through a solid object: the formula for calculating conduction heat transfer is $q = U \times A \times \Delta T$

q = heat flow (Btu/hr)

U = inverse of R-Value [$U=1/R$, $R=1/U$] (Btu/hr ft² °F)

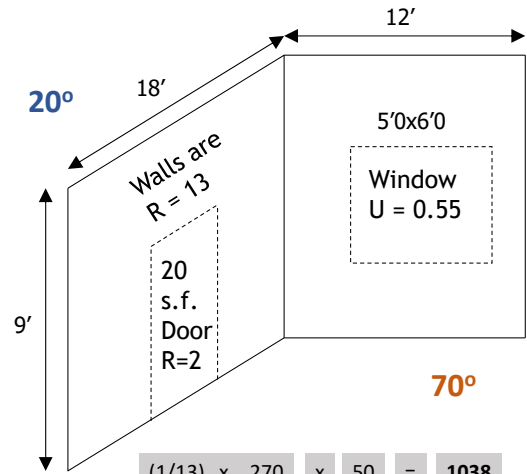
A = area (square feet)

ΔT = temperature difference across component (°F)

$$q = U \times A \times \Delta T$$

Manual J: $q = A \times HTM$

where $HTM = U \times \Delta T$



$(1/13) \times 270 \times 50 = 1038$

R	U	Area	Delta T	q
13	1/13	270	50	846
2	1/2	20	50	500
-	0.55	30	50	825
				2171

Climate and Energy Efficiency

Design Temps	W / S
Atlanta	24/92
St. Louis	14/91
Fairbanks	-40/78
Miami	51/90



• Design Temperatures

- Heating, for 99% of the season the outdoor temperature is above this value
- Only 1% of the Cooling season is hotter than this temperature value

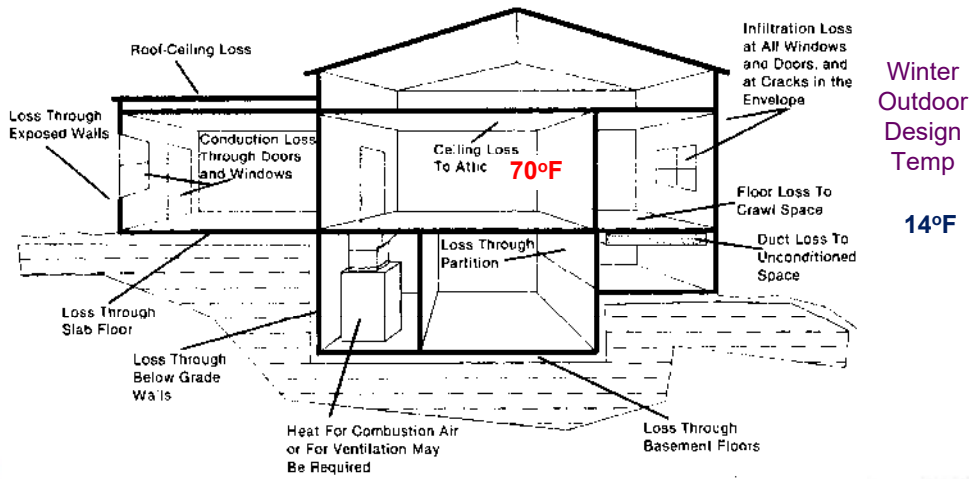
• Design Temp Example

- St. Louis Winter 70 – 14 = 56 F ΔT
- St. Louis Summer 91 – 75 = 16 F ΔT

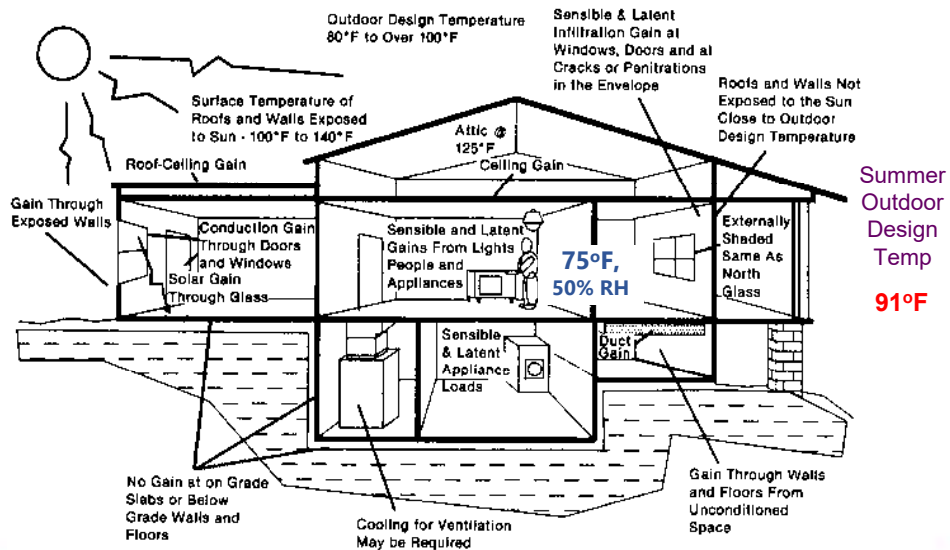
• Load Calcs & Energy Code

- IECC Section 302.1: Interior design temperatures (72°F heating, 75°F cooling)
- **MUST BE ACCURATE**

Manual J - Winter Loads



Manual J- Summer Loads



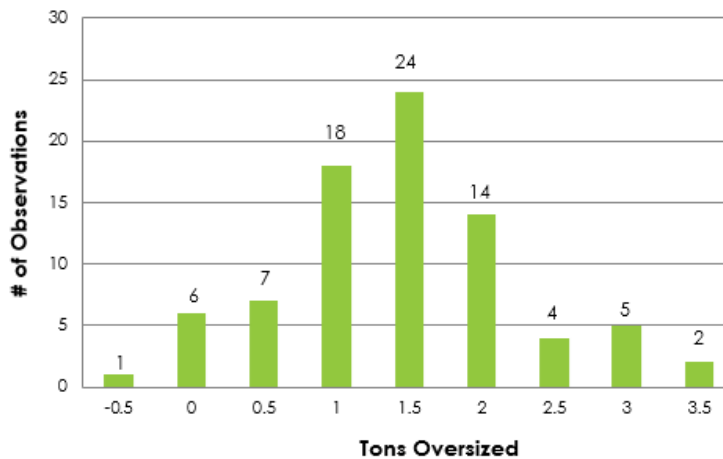
Manual J Software

Room name		Entire Room				Basement							
Exposed wall		172.0 ft				172.0 ft							
Ceiling height		10.0				10.0							
Room dimensions		1741.6 sq'				1741.6 sq'							
Room area		1741.6 sq'				1741.6 sq'							
Ty	Construction number	U-value	Or	HTM (Btu/ft²)		Area (ft²)		Load (Btu/h)		Area (ft²)		Load (Btu/h)	
				Heat	Cool	Gross	NETS	Heat	Cool	Gross	NETS	Heat	Cool
W	12C-66w	0.340	na	0.823	0.759	0	0	0	0	0	0	0	0
W	15B-6c-6	0.459	na	11.87	0.996	523	523	4834	1547	523	523	4834	456
W	12C-66w	0.340	na	0.823	0.759	0	0	0	0	0	0	0	0
W	15B-6c-6	0.459	na	11.87	1.498	333	333	2992	499	333	333	2992	343
W	12C-66w	0.340	na	0.823	0.759	0	0	0	0	0	0	0	0
W	15B-6c-6	0.459	na	11.87	0.996	523	523	4834	1547	523	523	4834	1332
W	12C-66w	0.340	na	0.823	0.759	333	209	588	158	333	209	588	132
W	12-C20w	0.330	na	0.88	0.860	83	0	2157	2871	83	0	2157	4023
W	15B-6c-6	0.459	na	11.87	1.498	41	0	1156	743	41	0	1156	1482
C	16B-26hd	0.034	na	1.598	1.792	0	0	0	0	0	0	0	0
F	12A-type	1.180	na	55.46	0.000	300	55	3050	0	330	55	3050	0
F	12A-28c	0.022	na	1.824	0.000	1411	116	1459	0	1411	116	1459	0
Total room load								32493				9408	
Air required (cfm)								467				467	

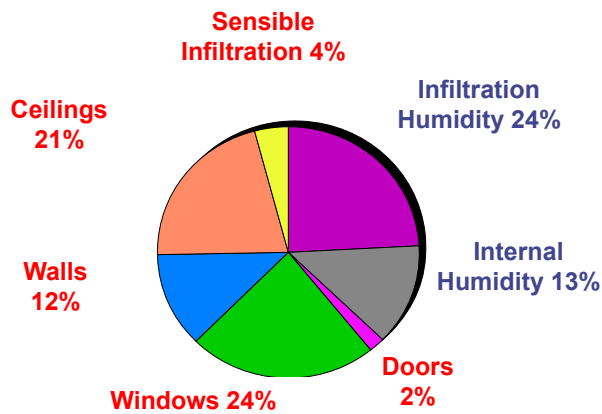
Why is proper equipment sizing important?

- Equipment first-cost
- Longer/more efficient run times
- Limits equipment cycling
- Better dehumidification

MO Equipment Sizing Study Installed AC Units Tons Oversized



Cooling Load Breakdown



- Sensible = Δ Temperature
- Latent = Δ Moisture
- Total = Sensible + Latent
- SHF = S / Total

Variable Speed / Capacity Equipment

- Allow slower fan speeds in A/C mode to improve dehumidification
- Utilize ECM motors or inverter-driven technology
 - Reduce fan wattage up to 1/10 at low speeds
 - Must operate most of the time at low for energy savings
 - Will consume more energy to satisfy flow if duct restrictions are high
- Permit modest upsizing
- Staged or variable speed compressors offer the greatest efficiency potential
- *Moisture removal is a function of the condensing unit, indoor coil, & fan speed (airflow)*
- *Proper refrigerant charge is also critical*



Equipment Location

- Locate the air handler within conditioned space to reduce energy penalty from leakage.
- Don't have leaky air handler next to an atmospheric combustion appliance!!!



- Design Goal:
Get all the ducts and the air handler within conditioned space so no energy penalty from leakage

How does duct leakage affect combustion safety?



118

Ductwork

- Types
- Design
- Sealing
- Insulation



119

Types of Ductwork

- **Round Metal:** Minimal air pressure loss retards growth of fungus and mildew; joints leak unless well sealed; must be insulated (in unconditioned space only); installation is more expensive
- **Flex Duct:** Few joints to leak; inexpensive to install; poor design & installation can crimp duct and reduce air flow; easier to damage



120

Proper Flex Duct Installation

- Short straight runs from rigid trunk preferred
- Upsize diameter from rigid by 1"
- Support with 1" or wider straps spaced no more than 5'
- Sag no more than 1/2" per foot
- Cut duct to proper length
- Do not pinch duct to change direction or at connections



121

Types of Ductwork

- **Fiberglass Ductboard:** Must be sealed carefully to be airtight; good noise control; exposed fiberglass; less durable; can be field fabricated
- **Building Cavities:** panned ducts; shelf systems that support for air handler; often violated (not permitted in IECC2015+)



122

Site-Built Cavity Ducts

- Do not use as supply or return duct (example, toe-kick under cabinets should be fully ducted)



123

Violated ductwork



124

IAQ Issues?

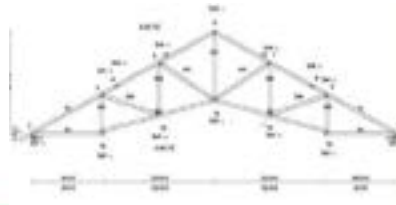


125

Duct Design



- Try to locate the ductwork inside conditioned space



126



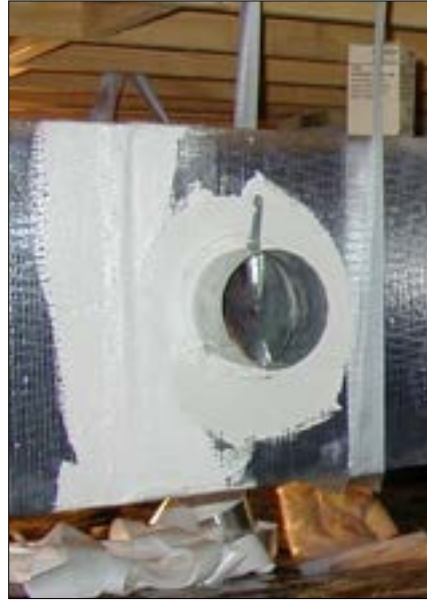
Duct Design



127

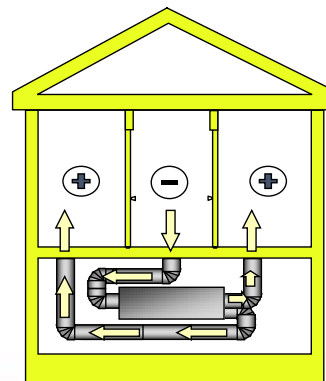
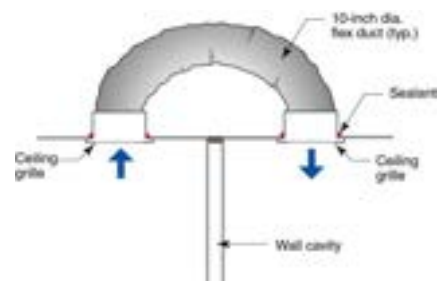
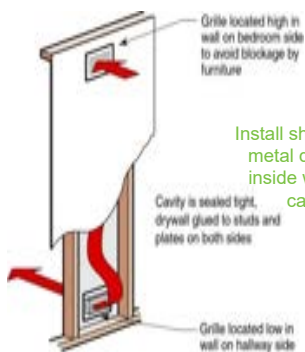
Proper Duct Design Details

- Dampers allow easy alteration of flow to each room
- Hard metal elbows should be used for tight turns
- Flex ducts turns must be gradual (radius of turn must be $>$ than the duct diameter)



128

Duct Design- Proper Return Path



130

Ducts in Buildings

- Don't use building components (stud cavities or joist cavities) as ducts
- If air must run through these spaces, use ducts designed to fit inside those spaces



Duct Sizing



- Manual D
- Duct Calculator



Supply Branches for Entire House

Heating friction rate 0.070 in/100ft
Cooling friction rate 0.070 in/100ft

Duct Tree

Duct name	ST	RB	Heat (Btu/h)	Cool (Btu/h)	De. flow (cfm)	STEL (ft)	Pr. drop (in H ₂ O)	Veloc (fpm)	Diam (in)	Rect duct (in)	Matl
Bedroom 3	at1	rb1	2047	1244	h	60	246	0.17	346	p 6	0 0 V1Fx
Bedroom 2	at1	rb1	1757	1248	c	60	246	0.17	344	p 6	0 0 V1Fx
Laundry	at1	rb1	796	415	h	24	246	0.17	303	p 4	0 0 V1Fx
Kitchen	at2	rb1	389	1644	c	89	246	0.17	333	p 7	0 0 V1Fx
Dining	at2	rb1	1888	1135	h	63	246	0.17	319	p 6	0 0 V1Fx
Foyer	at2	rb1	1263	718	h	42	246	0.17	308	p 5	0 0 V1Fx
Master Bathroom	at3	rb1	1993	1058	h	66	246	0.17	337	p 6	0 0 V1Fx
Master Bedroom	at3	rb1	3565	2272	c	123	246	0.17	353	p 8	0 0 V1Fx
LIVING	at2	rb1	2915	1779	h	97	246	0.17	362	p 7	0 0 V1Fx
Breakfast	at1	rb1	1220	658	h	41	246	0.17	297	p 5	0 0 V1Fx

Poor Duct Design...



133

Sealing Ductwork



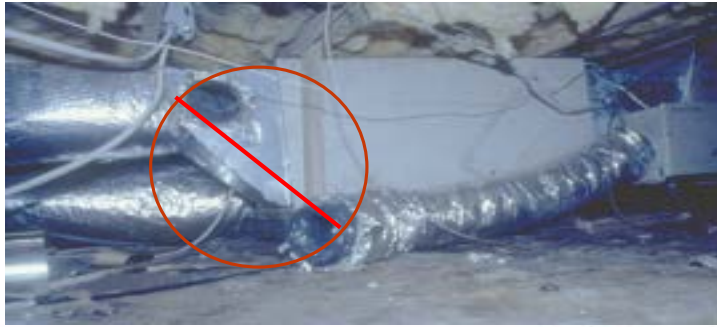
- Mastic must be installed on seams & joints of ductwork, not the insulation!

134

Sealing Ductwork is Code

- Rigid fiberglass ducts must be sealed with UL181A-P tape, UL181A-M tape, UL181A-H tape, or water based mastic
 - Flex duct must be sealed with UL181B-FX tape, UL181B-M tape or water based mastic
- International Residential Code, M1601.3.1

"Tapes and mastics used with rigid fibrous glass ducts shall be listed and labeled in accordance with UL 181-A. Tapes and mastics used with flexible air ducts shall be listed and labeled in accordance with UL 181-B. "Duct tape" is not permitted as a sealant on any ducts."



135

Sealing Ductwork

Sealing end of rigid supply run with water based mastic



137

Sealing Ductwork

1. Put mastic on collar to plenum connection
2. Put mastic on sheet metal connection
3. Slide liner over connection and install compression strap (zip tie)
4. Mastic over liner & zip tie (about 1" on either side of liner edge)
5. Pull insulation over connection and zip tie



138

Sealing Ductwork

All duct connections must be sealed with mastic, including connections to:

- Plenums
- Y-joints
- Boots



139

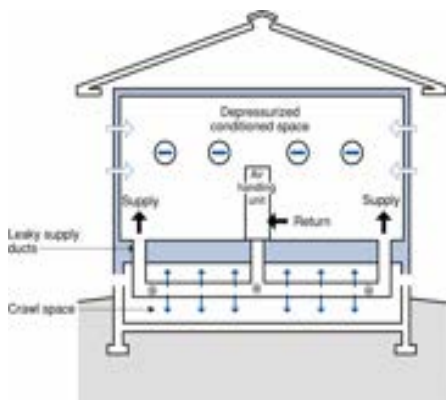
Sealing at the Unit Is Critical!

A 13 SEER A/C in a (30%) leaky duct system acts as an 8.5 SEER! Neither the builder or homeowner get what they pay for!

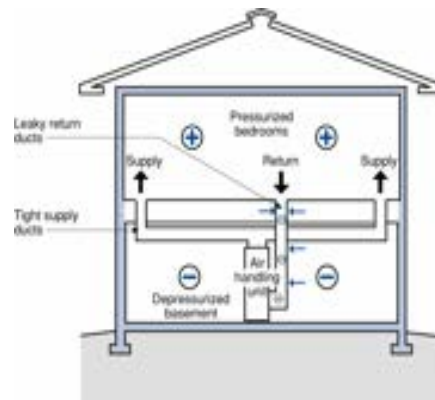


140

Duct Leakage Affects House Pressure



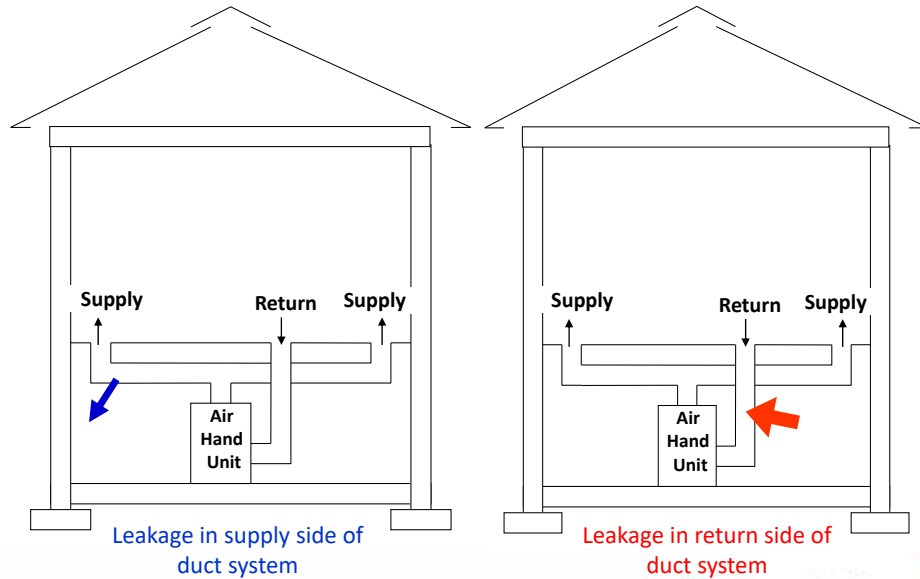
Leaky Supply Duct
(makes house pressure go negative)



Leaky Return Duct
(makes house pressure go positive)

141

Duct Leakage—Driving force for Infiltration



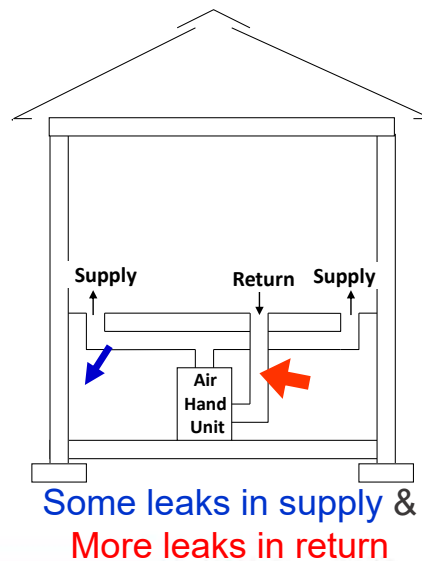
142

Dominant Duct Leakage – Affects House Pressure

Impact on House pressure due to small supply and larger return duct leakage



What is the net effect on house pressure due to 100 cfm of supply and 300 cfm of return duct leakage?



143

Testing Duct Leaks



Although it is permitted in the code, Southface does not accept / endorse using UL181 tape to seal ducts!



144

403.2.2 Duct Tightness Testing*

- Duct systems must be leak tested
 - When tested at rough-in
 - 4% Total leakage no AHU installed
 - 6% Total leakage w/ AHU
 - When tested at final
 - 12% Total Leakage
 - 8% Leakage to Outside



**Exception: Duct tightness test is not required if the air handler and all ducts are located within conditioned space*



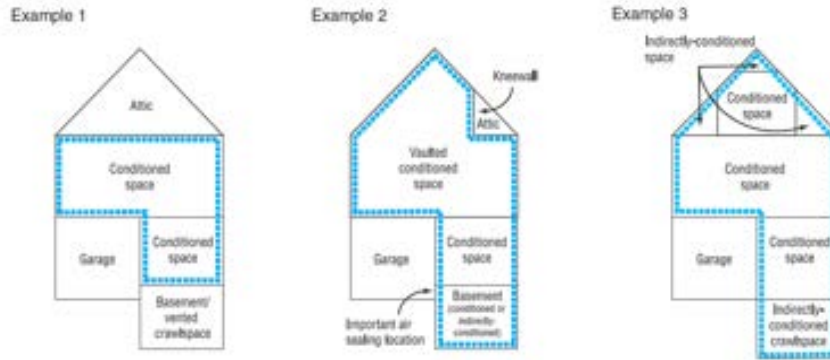
Total Duct Leakage \leq 4%



Total Duct Leakage \leq 4%
Ducts Inside Total Leakage \leq 8%

146

Building Thermal Envelope Impacts Duct Testing



- Although these three homes look identical from the outside, each has defined the building thermal envelope differently
- This affects the requirement for duct testing

Filters

- Change every leap year?
- El Cheapo vs. HEPA filters
- Want thicker, pleated filters
- Don't accept installations that prohibit easy filter access
- Seal covers with foil tape
- MERV rating

Practical Pleat
www.filtrationmfg.com
www.anykindoffilter.com

"AKF003" is discount code



IECC Section 403.3—Ducts

Mandatory Requirements:

- **Insulation** required for ducts outside of envelope
 - R-8 Insulation for Supply & Return ducts in attic
 - R-6 Insulation – all other ducts in unconditioned space
 - No Insulation required if ducts inside building thermal envelope (but should insulate to prevent condensation)
- Sealing required with mastic or UL 181 tape
- May not use building cavities as supply ducts

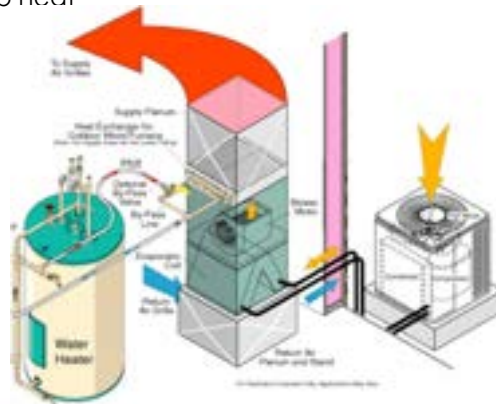


149

Section 403.1—HVAC Controls

Mandatory Requirement:

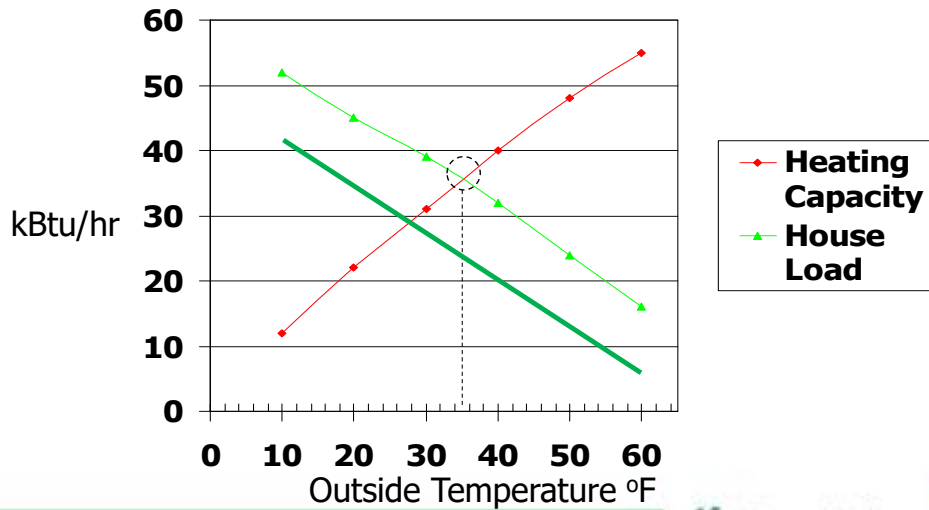
- **Programmable** thermostat required
- Heat Pump requires lockout capability to prevent unnecessary strip heat



151

Heat Pump Balance Point

The winter outdoor temperature at which the heat pump can deliver exactly the same amount of Btu's that the house is losing



Part 6

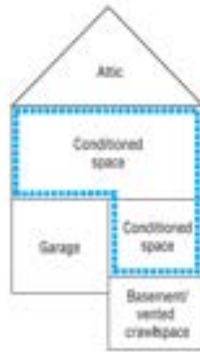


Energy Codes – The Power of a One-Page Checklist!

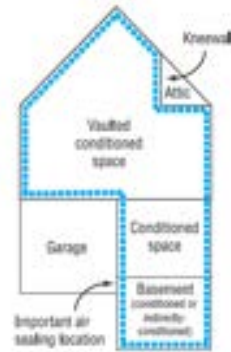
Building Thermal Envelope

- Options for defining the building thermal envelope

Example 1



Example 2

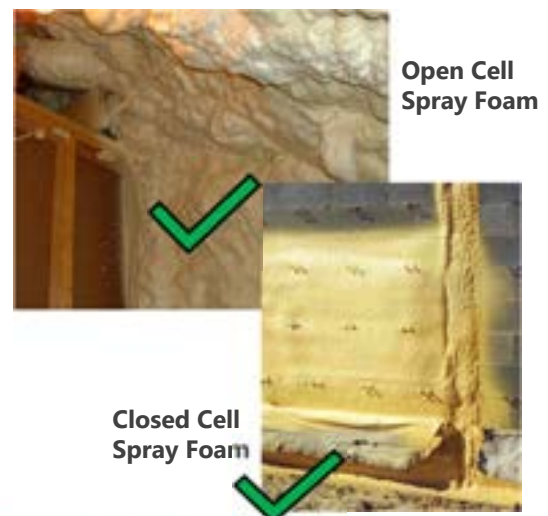


Example 3



154

Air permeable vs. air impermeable insulation



155

St. Louis 2018 IECC Energy Code - Comprehensive Field Inspection Checklist

(Southface version 10-9-21)

Instructions/Overview

The purpose of this checklist is to assist in field inspection primarily for air sealing and insulation details of the 2018 IECC St. Louis Energy Code. While not every detail is included, the list below contains the majority of critical inspected items. It is likely that certain items are not applicable to all houses.
Note: St. Louis amended to R-38 ceilings and R-0 basements.

The checklist has been separated into three sections, corresponding to three different stages of construction. If an item does not comply and must be remedied, or if it cannot be confirmed at this stage of construction, that item should be verified at a later inspection or, at their discretion, by photographic documentation provided to the code official. An item that is not present shall be marked "N/A".

Permit

Air barrier and insulation details are located on plans (as applicable).

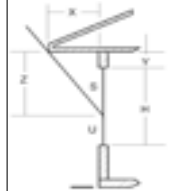
Pre-insulation, pre-drywall

156

Pre-insulation, pre-Drywall

- May coincide with framing, rough-in inspection

Pass	Fail	Notes	Pre-insulation, pre-drywall list: (Framing rough inspection)
<input type="checkbox"/>	<input type="checkbox"/>		1. Bottom Plate sealed to slab or subfloor – gasket or sealant on inside edge
<input type="checkbox"/>	<input type="checkbox"/>		2. Bottom Plate penetrations sealed – (electrical, plumbing knockout, etc.)
<input type="checkbox"/>	<input type="checkbox"/>		3. Top Plate penetrations sealed – (electrical, plumbing knockout, etc.)
<input type="checkbox"/>	<input type="checkbox"/>		4. Exterior wall sheathing seams are sealed OR completely sealed housewrap installed on exterior (housewrap edges all sealed and housewrap penetrations sealed/repaired)
<input type="checkbox"/>	<input type="checkbox"/>		5. Cavities within headers, corners and intersecting T-walls are fully insulated
<input type="checkbox"/>	<input type="checkbox"/>		6. Attic kneewalls have blocking installed at ceiling joist intersection
<input type="checkbox"/>	<input type="checkbox"/>		7. Rim and band areas have air sealing performed
<input type="checkbox"/>	<input type="checkbox"/>		8. Windows and doors sealed into rough opening (fiberglass chinking not permissible)
<input type="checkbox"/>	<input type="checkbox"/>		9. Window spot check: U-factor and SHGC are reasonable and expected for DP low-e wood/vinyl frame. Weighted average U-factor ≤ 0.32 , SHGC ≤ 0.40 (Climate Zone 4)
<input type="checkbox"/>	<input type="checkbox"/>		10. Cantilevered floor joists have blocking (and air sealing) installed above supporting walls
<input type="checkbox"/>	<input type="checkbox"/>		11. Battens have sufficient depth provided for insulation in vaulted ceilings.
<input type="checkbox"/>	<input type="checkbox"/>		12. Chases (e.g., to attic) are capped and sealed (chase walls have interior air barrier at insulated wall)
<input type="checkbox"/>	<input type="checkbox"/>		13. Tubs and Showers against exterior walls have insulation and sealed air barrier on interior.
<input type="checkbox"/>	<input type="checkbox"/>		14. Plumbing penetrations sealed: through envelope floors (e.g., tub drains, supply lines, vent stacks), walls (e.g., kneewalls, crawlspaces, wall plates) and ceilings (e.g., chases and soffits) -Hot water piping buried in slabs is insulated to R-3
<input type="checkbox"/>	<input type="checkbox"/>		15. Electrical penetrations sealed: Similar to plumbing, includes main service line entry (Best practice: locate panel box in non-insulated wall)
<input type="checkbox"/>	<input type="checkbox"/>		16. HVAC penetrations sealed – Fuel lines and penetrations through chases sealed.
<input type="checkbox"/>	<input type="checkbox"/>		17. Platforms in attics for HVAC & appliances are elevated for sufficient depth of insulation
<input type="checkbox"/>	<input type="checkbox"/>		18. Fireplace inserts – -Sheathing in chase is sealed (or exterior housewrap sealed) before insulation installed -Insulation coverage is complete (walls, top and bottom) and aligns with air barrier -Fire-rated caulk sealed at flue to cap transition (and flue includes damper) -Outside/combustion air duct installed and sealed (and includes shut off damper) -Fuel gas penetrations are sealed. (Best practice: fully air-seal and insulate before setting insert)



157

Pre-insulation, pre-Drywall

- 1. Bottom plate sealed to slab or subfloor

158 ON WIN

- 1. Bottom Plate sealed to slab or subfloor – gasket or sealant on inside edge



Pre-insulation, pre-Drywall

- 2. Bottom plate penetrations sealed

159 ON WIN

- 2. Bottom Plate penetrations sealed – (electrical, plumbing knockout, etc.)



Pre-insulation, pre-Drywall

3. Top plate penetrations sealed



100%
ON
V/N

3. Top Plate penetrations sealed – (electrical, plumbing knockout, etc.)



160

Pre-insulation, pre-Drywall

4. Exterior Wall Sheathing seams are sealed OR completely sealed housewrap installed on exterior



100%
ON
V/N

4. Exterior wall sheathing seams are sealed OR completely sealed housewrap installed on exterior (housewrap edges all sealed and housewrap penetrations sealed/repairs)



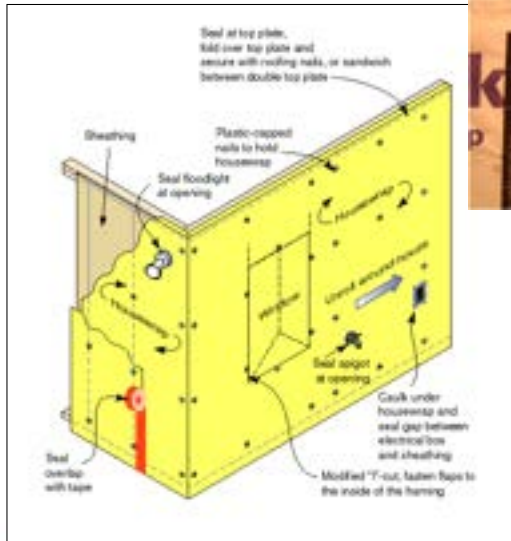
161

Pre-insulation, pre-Drywall

MS, ON, W/N



4. Exterior wall sheathing seams are sealed OR completely sealed housewrap installed on exterior (housewrap edges all sealed and housewrap penetrations sealed/repaired)



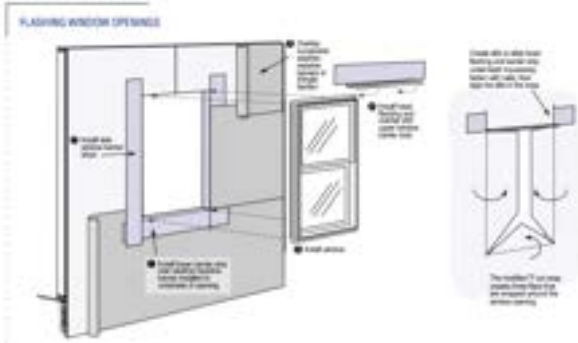
Technology Fact Sheet

WEATHER-RESISTIVE BARRIERS

How to select and install housewrap and other types of weather-resistive barriers

INTRODUCTION
Weather-resistive barriers are a part of exterior wall and roof construction.

WHEN AND HOW TO USE WEATHER-RESISTIVE BARRIERS



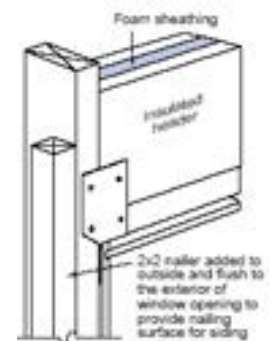
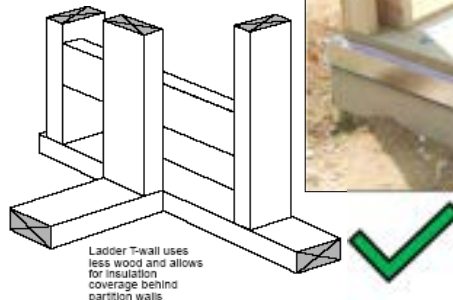
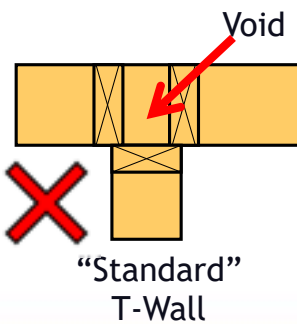
Pre-insulation, pre-Drywall

MS, ON, W/N



5. Cavities within headers, corners and intersecting T-walls are fully insulated

5. Cavities within headers, corners & intersecting T-walls are fully insulated



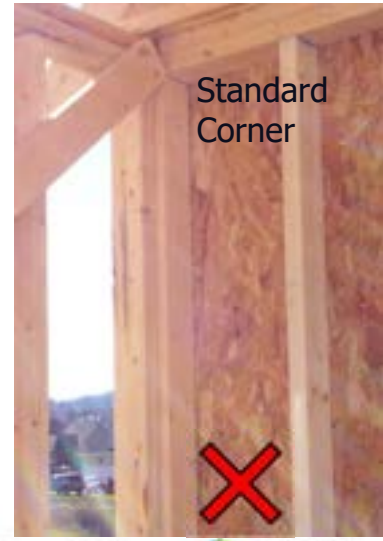
Pre-insulation, pre-Drywall

5. Cavities within headers, corners & intersecting T-walls are fully insulated



165

5. Cavities within headers, corners and intersecting T-walls are fully insulated



165

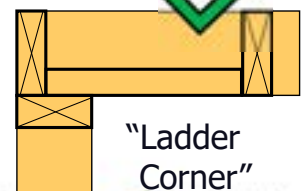
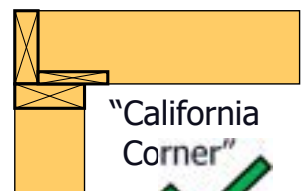
Pre-insulation, pre-Drywall

5. Cavities within headers, corners & intersecting T-walls are fully insulated



166

5. Cavities within headers, corners and intersecting T-walls are fully insulated



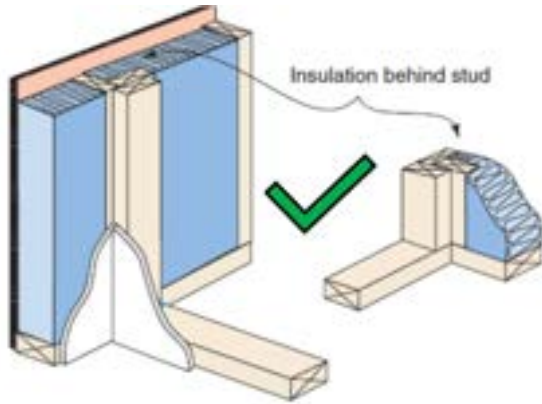
166

Pre-insulation, pre-Drywall

N/A
OK
N/A

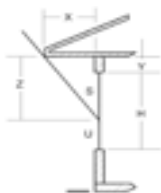
5. Cavities within headers, corners and intersecting T-walls are fully insulated

5. Cavities within headers, corners & intersecting T-walls are fully insulated



Pre-drywall, post-insulation

• Insulation installed properly



St. Louis 2018 IECC Energy Code - Comprehensive Field Inspection Checklist

N/A
OK
N/A

Pre-Drywall, post-insulation (Insulation installed properly)

1. Wall insulation installed in substantial contact and continuous alignment with the air barrier(s)
2. Wall insulation neatly fills cavity (no voids, no insulation compression due to wiring & plumbing)
3. Attic insulation prep properly performed
 - Dams and vent baffles extend over top plate of exterior walls
 - Dams installed at attic access and to adjacent uninsulated areas (porches & garages, etc.)
 - Insulation installed under elevated HVAC/appliance platforms in attics
4. Attic pull-down stairs sealed into rough opening
5. Cantilevered floors insulated properly (R-19)
6. Rim/band areas insulated properly (R-20)
7. Ducts insulated to R-8 in attics, R-6 in other unconditioned space. Visually check for sealant at seams and fittings
8. Floor insulation supported and in full contact with subfloor sheathing
9. Floor assembly end-dam barriers installed under attic knee walls (such as for bonus room floors above garages)
10. Mechanical spaces receiving outdoor combustion air have continuous, air sealed and insulated thermal envelope (walls, floors, ceiling as applicable) to isolate from main house
11. R-3 Hot water piping insulation installed (and recirculation system pipe insulation & controls)
 - Piping 1/2 inch and larger in nominal diameter
 - Piping serving more than one dwelling unit
 - Piping located outside the conditioned space
 - Piping from the water heater to a distribution manifold
 - Piping located under a floor slab & buried in piping
 - Supply and return piping in recirculation systems other than demand recirculation systems

Pre-drywall, post-insulation

- Insulation **NOT** aligned with ceiling air barrier



WHAT'S WRONG WITH THESE PICTURES?



169



Installing Insulation



- Voids / Gaps
- Compression / Incomplete Fill
- Alignment with air barrier

170

Pre-drywall, post-insulation

1. Wall insulation in substantial contact and continuous alignment with air barrier (typically sheathing and drywall)

100%
0%
V/N

1. Wall insulation installed in substantial contact and continuous alignment with the air barrier(s)



171

Pre-drywall, post-insulation

3. Attic insulation preparation (dams, baffles, elevated platforms)

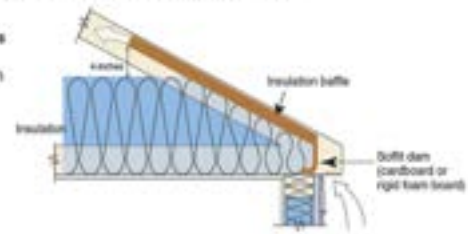
100%
0%
V/N

3. Attic insulation prep properly performed

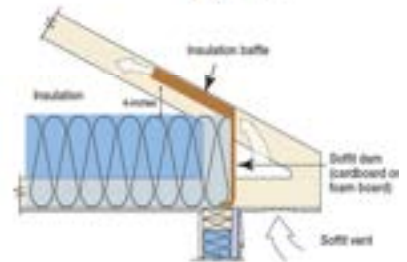
- Dams and vent baffles extend over top plate of exterior walls
- Dams installed at attic access and to adjacent uninsulated areas (porches & garages, etc.)
- Insulation installed under elevated HVAC/appliance platforms in attics



Standard Truss
with tapered
insulation depth



Energy Truss
with full height insulation
(recommended)



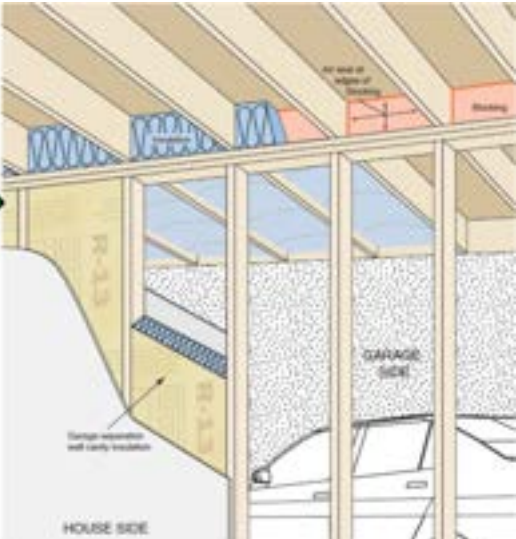
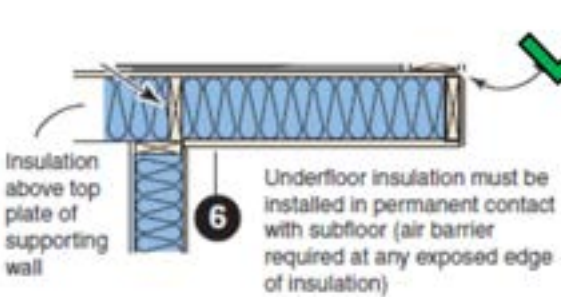
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**Pre-drywall,
post-insulation**

114 011 1/11
 5. Cantilevered floors insulated properly (R-19)

5. Cantilevered floors insulated properly



Pre-drywall, post-insulation

- 6. Rim/band areas insulated properly (R-20 or R-13+5)



100% ON V/N

- 6. Rim/band areas insulated properly (R-20)



Rigid Foam Board



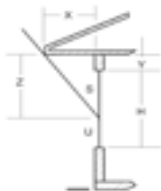
Batt Insulation

Bagged Insulation



Final Inspection

- Confirm all items prior to Certificate of Occupancy



Final inspection (confirm prior to Certificate of Occupancy)

1. Blower door and duct leakage passing results correctly displayed on energy code certificate
2. Mechanical ventilation system installed for homes < 5 ACH50
3. Duct boots insulated and sealed to drywall and/or subfloor
4. Underfloor insulation installed in complete contact with air barrier and permanently secured in place (e.g., wire staves)
5. Crawlspace has complete (min. 6-mil poly) vapor barrier (overlapped and sealed to foundation)
6. Conditioned Crawlspace Wall has insulation installed as per code (402.2.11)
7. Basement wall insulated as per code (R-13 cavity or R-10 continuous for C2-4; amended to R-0)
8. Attic access (pull-down stairs or hatch) meets R-38 insulation and air sealing requirements (pull-down stairs door is sealed into rough opening)
9. Utility (e.g., gas piping) penetrations sealed at exterior
10. Plumbing penetrations in drywall are sealed
11. Attic Ceiling insulation is properly installed: coverage is consistent, proper depth throughout
 - Attic contains Loose-fill Insulation Card and Rulers (1 per 300 sf)
 - Dams and vent baffles extend over top plate of exterior walls at eave/soffit vents
 - Dams installed at attic access and to adjacent uninsulated portions (porches & garages, etc.)
 - Insulation shield around appliance vent pipes and chimneys
12. Refrigerant line-set insulation is protected from elements and air sealed at envelope junction
13. Efficient lighting for 90% of bulbs— CFL's, linear fluorescent & LED (not incandescent or halogen)

Final inspection

1. Blower door (< 3 ACH₅₀) and duct leakage (≤ 4%) passing results correctly obtained and displayed on energy code certificate

100%
OK
WIN

1. Blower door and duct leakage passing results correctly displayed on energy code certificate



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Final inspection

1. Blower door and duct leakage passing results correctly obtained and displayed on **energy code certificate**

100%
OK
WIN

1. Blower door and duct leakage passing results correctly displayed on energy code certificate



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Final inspection

100%
OK
N/A

- ☐☐☐ 1. Blower door and duct leakage passing results correctly displayed on energy code certificate

1. Blower door and duct leakage passing results correctly obtained and displayed on **energy code certificate**



Insulation Rating	R Value
Above-Grade Wall	13.00
Below-Grade Wall	8.00
Floor	30.00
Ceiling / Roof	64.00

Glaze & Frame Rating	U-Factor	SHGC
Window	0.28	0.50
Door	0.23	

Heating & Cooling Equipment	Efficiency
Heating System:	
Cooling System:	
Water Heater:	

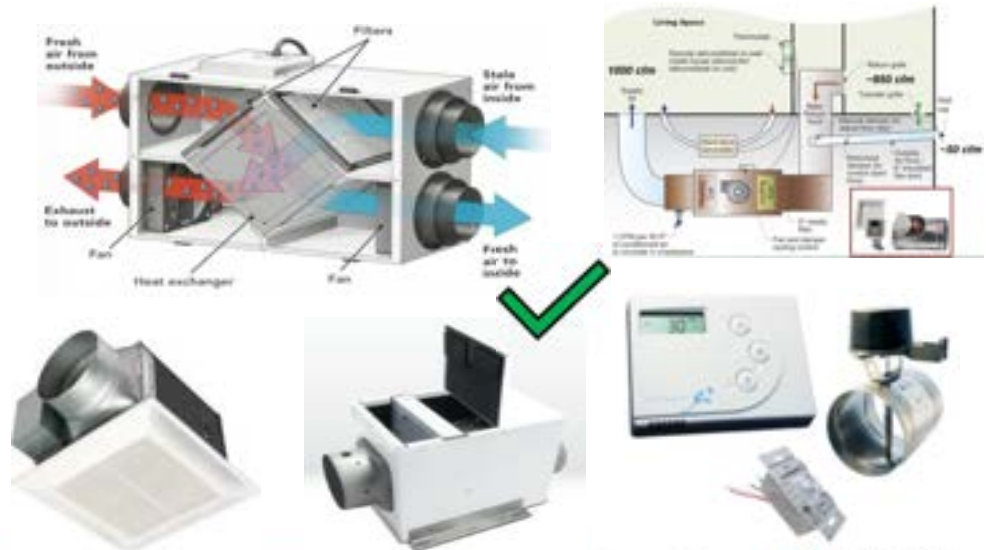
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Final inspection

100%
OK
N/A

- ☐☐☐ 2. Mechanical ventilation system installed for homes < 5 ACH50

2. Mechanical ventilation system installed for homes < 5 ACH50 (as per IRC)



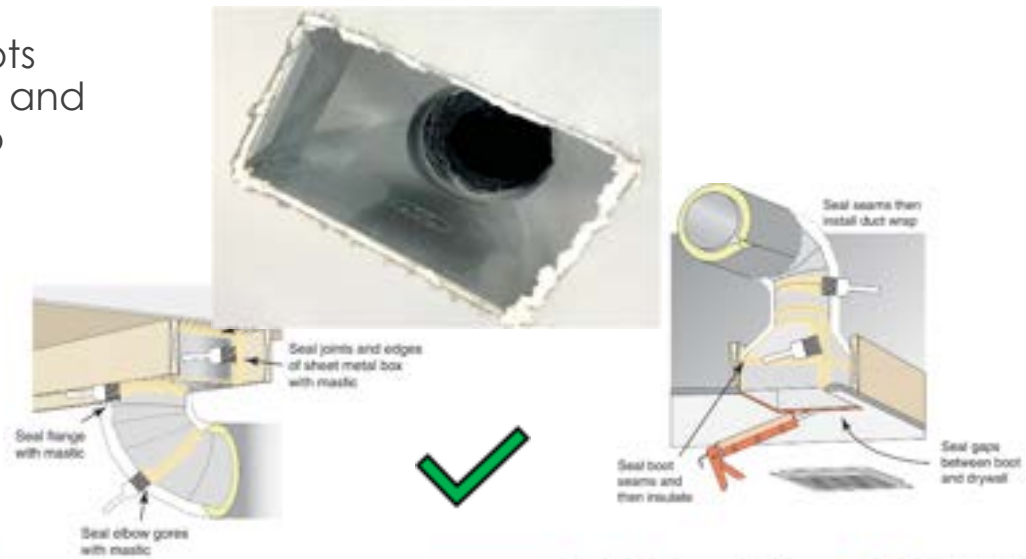
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Final inspection

11/11/21

3. Duct boots insulated and sealed to drywall and/or subfloor

3. Duct boots insulated and sealed to drywall/subfloor



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Biggest Changes in IECC 2021

- Redrawn Climate Zones (6 CZ's in MO)
- Improved Window Ufactors & Wall and Ceiling R-values
- Attic pull-down stairs – R-13 okay for CZ1-4
- Floor insulation – 3 options
- Basement option details
- Sunrooms and heated garage separation
- Ducts Testing on all systems
 - Ducts inside, < 8% Total Leakage
 - Ducts outside, < 4% Total Leakage
- Verified fan (kitchen, bath, whole house) airflow
- All efficient lighting and controls
- Must choose your Additional Efficiency Package



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Wrap up and Q&A

Thank you!

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